



PARENT SUMMARY

HELP YOUR ATHLETE – BEFORE, DURING AND AFTER COMPETITION

Before

Know their goals, roles and needs, and accept them.
Release them to the game, their coach and team.

During

Model poise, confidence and correct behavior. Focus on our team.

After

Give them all the time and space they need. Be a confidence builder.

* BY BRUCE BROWN (NAIA CHARACTERS OF CHAMPIONS)