Blue Valley Recreation
2020 INDOOR Volleyball Guidelines

The following guidelines and recommendations will be in place for youth indoor volleyball games for the 2020 Fall season. The purpose of this information is to provide, best as possible, a safe environment at the Recreation Center and to comply with local government mandates.

Below are recommendations and requirements that will be observed. Every attempt has been made to uphold the integrity of the game in its original form.

SAFETY PROTOCOLS:
1. The wearing of face coverings is required by everyone entering and exiting the building.
   i. Face coverings must be worn by everyone that is not physically participating in an activity.
   ii. Face coverings may be homemade, or store bought.

2. All bleachers will be removed from the playing areas.
   i. Spectators are expected to follow the 6 feet social distancing guidelines and may stand or bring a blanket to sit on. No chairs are allowed.

3. The team benches will be for participant use only.
   i. Substitute players will sit 6 feet apart on their team bench and must wear a mask.
   ii. A maximum of two coaches are allowed around the bench area.
   iii. Coaches must maintain 6 feet from the court, 6 feet from each other and 6 feet from substitute players.

4. Parents/Chaperons – ONE per player. Spectators are expected to practice social distancing.

5. Equipment – Players will be required to bring their own volleyball for warm-ups. Teams will use only volleyballs provide by their own players.

6. Water – Water bottles will not be shared. Water fountains will be on; however, players are encouraged to bring their own water bottles.

7. Warm-ups:
   i. Teams must maintain the 6 feet social distancing guidelines before, during and after warmups.
   ii. Teams must remain on their side of the court only.
   iii. There will be no serving or hitting the volleyball over the net during warm-ups.

8. No team huddles. Communication with the team needs to be spread out.

9. At the conclusion of the game, no handshakes. Instead, teams to line up on their end lines and wave to their opponents. This act of sportsmanship should be initiated by the coaches and official.

10. Teams are required to provide and display hand sanitizer by their team sideline for their team for use before, during and after the game.
11. Game times on each court will be staggered. An additional 20 minutes will be built into the schedule between games to allow for teams to exit the building prior to the next teams entering.

RULE CHANGES:
1. Coaches and players sitting on the bench will wear masks at all times.
   i. Players playing on the court do not need to wear masks.
2. Teams will not switch sides with each set and will remain on their side for the entire match.
3. Captains will not attend the pre-game meeting. Pre-game meetings will be with one coach from each team and the official. Social distancing rules apply.
4. Timeouts are allowed, but players are not allowed to huddle. Social distancing rules apply.
5. In the event of an injury – Only the coach and/or player chaperon may attend to the player unless medical attention is required.
6. Coaches may request a timeout to talk to an official. Social distancing rules apply.
7. The game volleyball will be disinfected before and after every match.
8. All matches will start with the score 4-4.
9. All matches will stop after 50 minutes. If the score is tied at the end of 50 minutes, that set will end in a tie.
10. Players, coaches and spectators may not enter the building prior to 15 minutes before their game time.

RECOMMENDATIONS:
1. Wash your hands after each game and use hand sanitizer.
2. Social distancing is recommended whenever possible. Teams are encouraged not to gather as a group within close proximity of one another for pre or post game meetings.
3. Once your games have concluded, please leave the Recreation Center. Do not remain to watch other games.
4. We strongly encourage those individuals who are at high risk (Senior Citizens, those with underlying medical requirements to avoid the Recreation Center).
5. All participants, fans and staff are encouraged to look for any signs of illness and do not come to the Recreation Center if you are showing any symptoms of Covid-19.