



2025 Bat Rule

The following bat rules will be in effect for the 2025 season.

Rec League (Grades PreK-2):

- Big barrel bats are allowed but teams will be required to use an approved USSSA (or USA) bat.
- All 2¼ diameter bats are allowed (these do not have to be USSSA or USA approved).
- Any bat permanently stamped with the official USA Baseball logo is legal to use.
- No wood bats allowed.

Rec League (Grades 3-8):

- Teams must follow the USSSA bat rule (with the following exceptions).
- Any bat permanently stamped with the official USA Baseball logo is legal to use.
- 7th grade teams do not have to follow the USSSA maximum drop 8 (-8) bat rule. Teams do need to use a USSSA or USA stamped bat.
- 8th grade teams do not have to follow the USSSA maximum drop 5 (-5) bat rule. Teams do need to use a USSSA or USA stamped bat.
- No wood bats allowed.

Rec League (High School):

- Teams must use a BBCORE bat with a length to weight ratio of -3.
- No wood bats allowed.

Golden Glove League (9U-14U):

- Teams must follow the USSSA bat rules.
- Any bat permanently stamped with the official USA Baseball logo is legal to use in any USSSA baseball event, except when BBCOR is required.
- Wood bats are allowed.

BVRC tournaments sanctioned by USSSA:

- Teams must follow the USSSA bat rules.
- Any bat permanently stamped with the official USA Baseball logo is legal to use in any USSSA baseball event, except when BBCOR is required.
- All 13U players must use a maximum drop 8 (-8) bat. With the USSSA/USA Stamp.
- All 14U players must use a maximum drop 5 (-5) bat. With the USSSA/USA Stamp.

➤ USSSA Bat Standards Link: <https://dev-newsfeed.ussa.com/wp-content/uploads/2024/08/ussa-baseball-playing-rules-national-by-laws.pdf>

If you have questions about the USSSA bat rule you can contact the USSSA office at 816.587.4545.