
BLUE VALLEY RECREATION
Winter/Spring 2027
December - May
Enriching Lives, Strengthening a Spirit of Community

BLUE VALLEY RECREATION







Activity Center (AC)
6545 W. 151st Street
Overland Park, KS 66223
913-685-6000

Programs Offered
Adaptive Rec
Aquatics
Dance
Enrichment
Gymnastics
Special Events
Summer Camps
Birthday Parties

Amenities
Outdoor Playground
Locker Rooms
Lighted Parking Lot
Zero-Depth Entry Pool (85 degrees)
Lap Swim Pool (82 degrees)
Lazy River Channel
Tumbl Trak
Trampoline

Rentals
Room Rentals
Pool Rentals

Rec Center @ Hilltop (RC)
7720 W. 143rd Street
Overland Park, KS 66223
913-685-6090

Programs Offered
Fitness
Open Court Play
Personal Training
Pickleball
Summer Camps
Sports Leagues
(Basketball, Volleyball, Pickleball)

Amenities
Indoor Walking Track
Cardio, Fitness, Strength Area
Locker Rooms
Concession Stand
Lighted Parking Lot
Basketball/Volleyball Courts
Pickleball Courts

Rentals
Room Rentals
Court Rentals

Sports Complex (SC)
9701 W. 137th Street
Overland Park, KS 66221
913-685-6030

Programs Offered
Leisure Sports
Sports Camps & Clinics
Special Events
Sports Leagues
(Baseball, Softball, Sand Volleyball)
YouthTournaments
Adult Sports
Adult Tournaments

Amenities
9 Concession Stands
5 Picnic Shelters
4 Playgrounds
2 Climbing Rocks
Hitting Tunnels
28 Irrigated Fields
Covered Bleachers
Sand Volleyball Court

Rentals
Shelter Rentals
Field Rentals

BLUE VALLEY REC
DIGITAL PROGRAM GUIDE

CONTACT US

Activity Center (AC) & Administrative Offices
6545 W. 151st St., Overland Park, KS 66223
Phone: 913-685-6000

Recreation Center at Hilltop (RC)
7720 W. 143rd St., Overland Park, KS 66223
Phone: 913-685-6090

Sports Complex (SC)
9701 W. 137th St., Overland Park, KS 66221
Phone: 913-685-6030

Web
www.bluevalleyrec.org

SOCIAL MEDIA

bluevalleyrecreation
bluevalleyrec
bluevalleyrecreation
bluevalleyrec
bluevalleyrecreation
bluevalleyrec

BVRC CONNECTIONS

Get up-to-date information on inclement weather, facility closures, and activity cancellations.

Website..... www.bluevalleyrec.org/weather
Weather App ..... Rainout Line app
Text Alerts ..... Sign up through Rainout Line
Sports Line..... 913-600-4001
Facility Closure Line.....913-600-4130

CREATE YOUR AMILIA ACCOUNT

If you haven't already, please create an account for our online registration software:

- On a computer or laptop - use this link
- On your mobile phone use one of these links:
  IOS
  Android

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LOCATIONS & ABBREVIATIONS

AC .....Blue Valley Rec Activity Center, 6545 W. 151st St.
BVA .....Blue Valley Academy, 7500 W. 149th Ter.
HH .....Hillman Horsemanship, 12204 W. 207th St.
KCFC ..... KC Fencing Ctr., 12932 W 87th St.
PGF ..... Paint, Glaze & Fire Studio,12683 Metcalf
RC ..... Blue Valley Rec Center at Hilltop, 7720 W 143rd St
RSA.....Rebels Softball Academy, 20059 Metcalf Ave.
SC.....Blue Valley Rec Sports Complex, 9701 W 137th St
TBA.....To Be Announced

BLUE VALLEY REC

OUR VISION STATEMENT

Enriching Lives, Strengthening a Spirit of Community

OUR MISSION STATEMENT

We will champion community and personal growth through dynamic, lifelong recreation experiences.

OUR CORE VALUES

- Integrity
- Communication
- Customer Service
- Teamwork

COMMISSIONERS

Northeast

Natalie Bergman.....TBA
Jaime Daniel 501-658-2493

Northwest

Ted McBride 913-488-5288
Todd Davis.....816-500-8081

South

Darren Dupriest.....913-322-5902
Henry Abbott.....678-358-5184

At-Large

Christi Pribula.....913-486-7196

SCHOLARSHIPS

Residents of the Blue Valley School District meeting certain guidelines may be eligible for scholarship assistance for their children ages 18 and younger. If approved, scholarship funds cover 50% of the program fee and applicants are asked to pay the remaining balance. For more information, visit the Scholarship section of our website.

COVER PHOTO

The newly opened Brody Rea's Boundless Playground at the Sports Complex. You can find it at the southwest corner of 137th St. and Antioch. Open from dawn until dusk, weather permitting.

ADA COMPLIANCE

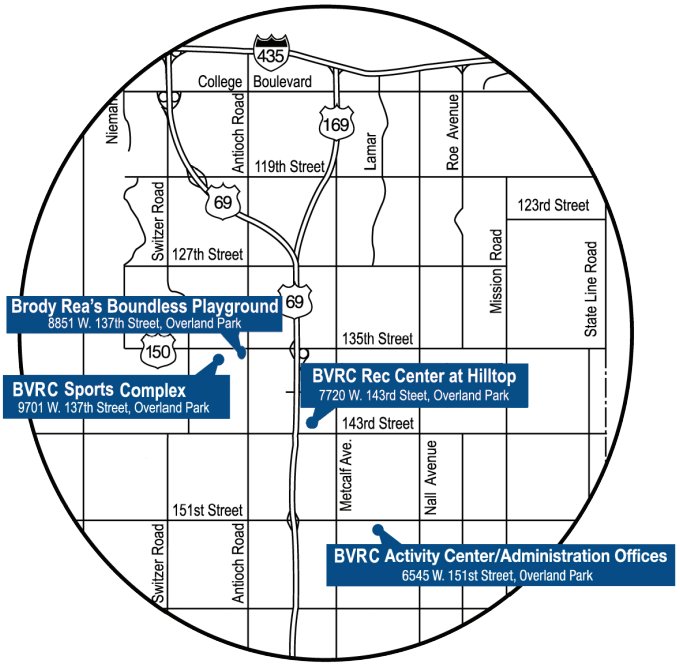
BVRC prohibits the discrimination on the basis of race, color, national origin, sex, gender, age, religion, genetic information, pregnancy status, disability, sexual orientation, veteran status, and any other status protected by law in employment and its programs, activities, and services. BVRC complies with the Americans with Disabilities Act (ADA), under which qualified individuals with a disability may be entitled to reasonable accommodations in programs, activities, and services of and in employment with BVRC. For public inquiries regarding the non-discrimination policies, including any request for accommodation under the ADA or any grievance, please contact:

Human Resources & Risk Manager
6545 W. 151st St.
Overland Park, KS 66223
913-685-6003

Persons with a hearing and/or speech disability may register for programs online at bluevalleyrec.org or by calling the Kansas Relay Service (800-766-3777). Persons with a visual impairment who want to register for a program or need other BVRC documentation will be provided assistance as requested. Forms may be converted to large print or Braille.

SERVICE AREA

Formed in August 1986 by a concerned citizen group to address the shortage of recreation opportunities in the area, BVRC was formed under the auspices of the Blue Valley School District and its patrons are the primary focus of our recreation programming.



REGISTRATION POLICY

To attend the activities, classes, and events listed in this guide, you must first register before attending. An account must be set up prior to registering and should those being registered for the activity.

Registration: Fees are due at the time of registration. We reserve the right to cancel, combine, or divide classes based on enrollment. Information is subject to change regarding dates, times, locations, and instructors. Please check our website for updated information.

Resident/Non-Resident Participation: Residents living within BVSD boundaries or owning property within the BVSD boundaries receive a discount on many classes and activities. The NR fee is the second fee listed for those classes open to non-residents (NR).

Wait List: If a class has met its maximum enrollment, patrons have the option to add a name to the wait list for up to three classes per program session. Should a spot open, staff will contact those on the wait list to fill the available openings. If enrollment from a wait list is accepted, that name will be removed from all other wait lists for that program session. Sorry, patrons cannot be enrolled in a program and be on a wait list for another session of the same program.

Class Attendance: Sorry, children are not allowed to attend classes with their parents. Siblings of participants are not permitted in teaching areas.

MISCELLANEOUS

Photographs/Video: Blue Valley Rec and our partners reserve the right to use all photographs and video of participants for promotional purposes, including print, digital, adverts, and social media promotions. This includes drone footage as well.

Health Notice: If you or a family member suffers from any health problems that are affected by the presence of allergens or by participation in a program, please view our policy regarding serious allergies and health problems on our website.

Lost & Found: Items of value are kept for one (1) month and then donated to a local, non-profit agency. Water bottles are not kept.

REGISTRATION LOCATIONS

Online Registration

- Visit www.bluevalleyrec.org.
- Under Registration, click on Register Online.
- Log in using your email and password.

Phone-In Registration

(Please have credit card payment ready.)

- 913-685-6000 Activity Center (AC)
- 913-685-6090 Rec Center @ Hilltop (RC)
- 913-685-6030 Sports Complex (SC)

Walk-Up Registration

Activity Center (AC) - 6545 W. 151st St.
Rec Center @ Hilltop (RC) - 7720 W. 143rd St.
Sports Complex (SC) - 9701 W. 137th St.

REFUNDS

A full refund will be granted to those who cancel or withdraw from most programs four (4) business days prior to the start date ($10 fee when cancelling less than four (4) business days defined as Monday-Friday), with exceptions listed below. A pro-rated refund may be granted (less the $10 fee) if no more than half of the program dates have been held. No refund will be issued when more than half of the program dates have been held or the program has ended.

Gymnastic registrations will not be available or prorated after the second class, including refunds or cancellations. A full refund will be granted to those who cancel or withdraw from a class four (4) business days prior to the start date without a cancellation fee. You may receive a prorated refund if you cancel before the start of the second-class period, but you will incur a $10 processing fee along with your refund. No refunds, make-up classes, or Open Gymnastics passes will be given for any missed attendance (including cancellations after the 2nd class).

Dance registrations may receive a prorated refund if you cancel before the start of the second class, but you will acquire a $10 processing fee along with your refund. No refunds or make-up classes will be given for any missed attendance (including cancellations after the second class.)

Aquatics registrations will be refunded 100% when cancelled 10 days prior to start of the activity. A $10 processing fee will be accessed to cancellations made from 9-5 days of the start of the activity. No refunds will be issued for cancellations within 4 or less days of the start of the activity.

ADAPTIVE REC



Adaptive Rec

We offer inclusive leisure activities for youth and adults who may need a little extra space or accommodation. Participants are encouraged to consider any of our programs offered as we also provide assistance upon request.

We feel all individuals should have the opportunity to participate in recreational programs to enhance their quality of life while fostering a community of respect, acceptance, and inclusion.

Adaptive Rec Refund Policy

100% refund granted when cancelled 2 business days prior to start of activity. No refunds will be issued 1 day or less from the start of the activity.

Brody Rea's Boundless Playground

Don't forget to check out this new playground open at the Sports Complex (corner of 137th St. and Antioch). It's open from dawn until dusk, weather permitting.



Blue Valley Blue Streaks

The Blue Valley Blue Streaks is our local inclusive team that participates in local, state, and regional events throughout the year.

The following must be on file in order for an athlete to participate in a Blue Streak activity.

- Current Athlete Medical Release/Physical Form
- Medical Addendum for Down Syndrome

In addition, we ask that you read the Athlete Code of Conduct found on our website.



Adaptive Rec Paint, Glaze & Fire

Helpful and inspiring Paint, Glaze & Fire staff provide step-by-step instruction while encouraging creativity. Choose a pre-selected mug, plate or bowl, or selected holiday pottery. Companion assistant recommended and welcome.

Age 6 and up

Saturday	10:30-11:30AM	1/2	PGF	$19
Saturday	10:30-11:30AM	2/6	PGF	$19
Saturday	10:30-11:30AM	3/6	PGF	$19
Saturday	10:30-11:30AM	4/3	PGF	$19
Saturday	10:30-11:30AM	5/1	PGF	$19

Adaptive Art Exploration w/Mary

Instructor Mary Varner helps you explore your creative side through art history, projects, and techniques.

Age 6 and up

Winter Wonderland Landscapes

Wednesday	5:30-7:00PM	1/6	AC	$27

Valentine's Day Art/Craft Creation

Wednesday	5:30-7:00PM	2/10	AC	$27

Illuminated Manuscripts

Thursday	5:30-7:00PM	3/10	AC	$27

Henri Matisse Inspired Collage

Thursday	5:30-7:00PM	4/1	AC	$27

Monoprint Flowers

Thursday	2:00-3:00PM	5/13	AC	$27

Adaptive Rec WERQ

Pronounced "work", this fun dance fitness class is based current pop, rock, and hip hop music. Preview dance steps during warm-up and cool down with balance and yoga poses. No dance experience required. Bring a towel and water bottle. (No class 1/18)

Age 8 and up

Monday	6:00-6:45PM	1/4-1/25	BVA	$24

Adaptive Rec Dance Fit w/Halie

Perfect for everyone who likes music and fun! Halie Strickler teaches you how to fit exercise into your daily routine. Class accommodates routines for wheelchair participants.

Age 8 and up

Thursday	6:00-6:45PM	1/7-1/21	BVA	$24
Thursday	6:00-6:45PM	3/4-3/25	BVA	$32

Adaptive Rec Open Gym

Enjoy time in the gym in a relaxed, welcoming environment. Participants can try out new skills on the mats and gymnastics equipment.

Age 8 and up

Sunday	12:30-1:30PM	1/10-5/24	AC	$7 Weekly

Adaptive Rec Open Swim

Enjoy time in the pool in a relaxed and welcoming environment. Participants can swim, practice water skills, and enjoy recreational activities at their own pace. Lifeguards will be on standby.

Age 8 and up

Wednesday	3:00-3:55PM	1/6-5/26	AC	$10 Weekly

Adaptive Rec Cooking Fun

Come learn culinary vocabulary, safety, nutrition, and etiquette for successful independent living.

Age 12 and up

Cooking Class

Wednesday	6:00-7:00PM	1/13-2/3	AC	$72

Appealing Appetizers

Wednesday	6:00-7:00PM	5/19	AC	$18

Adaptive Rec Drop-In Crafternoon

Spend a relaxing afternoon creating something new! A variety of simple arts and crafts projects will be available, with staff providing assistance and encouragement as needed. Drop in, get creative, and enjoy time with friends. Every other Thursday starting January 14th.

Age 8 and up

Thursday	2:00-3:00PM	1/14-4/22	AC	$5 Bi-Weekly

Adaptive Rec Bingo

Bring your friends or family for a great evening of Bingo fun and prizes! Snacks and drinks provided.

Age 12 and up

Thursday	6:00-7:00PM	1/28	BVA	$15
Wednesday	6:00-7:00PM	5/26	AC	$15

Adaptive Rec Zumba

Perfect for everybody and everybody! Ditch the workout for a dance party! Enjoy Latin steps and aerobic fitness moves set to international rhythms. Mix low-intensity and high intensity moves for an interval-style, calorie burning dance fitness party. No dance experience required. Bring a water bottle. (No class 2/15)

Age 8 and up

Monday	6:00-6:45PM	2/1-2/22	BVA	$24

ADAPTIVE REC

Adaptive Rec Yoga

Learn basic yoga poses, breathing techniques and stretches designed for all abilities. Class is designed to let everyone feel comfortable exploring yoga in a relaxed setting. Practice relaxation, mobility and balance while having fun. Girls and guys are welcome.

Age 12 and up

Thursday	6:30-7:15PM	2/4-2/25	BVA	$32

Adaptive Rec Dances

Meet friends, enjoy dancing to hit songs played by a DJ, and feast on drinks and snacks. Preregistration required by the listed deadline. NO registration or drop-ins allowed after the preregistration date.

Age 15 and up

Valentine's Dance

Friday	6:00-8:00PM	2/12	BVA	$20

Spring Dance

Friday	6:00-8:00PM	4/16	BVA	$20

Adaptive Rec Athletic Conditioning

Join us for a class designed to empower everyone through physical fitness. This program focuses on developing strength, coordination, flexibility, and overall fitness in a supportive environment. (No class 3/22)

Age 8 and up

Monday	6:00-6:45PM	3/1-3/29	BVA	$24

Adaptive Rec Pool Luau Party

Grab your swimsuit and join us for a tropical-themed pool party! Enjoy music, games, social time, and fun pool activities in a welcoming environment. Come ready to relax, laugh, and celebrate with friends. Chaperones are free.

Age 8 and up

Saturday	6:30-7:30PM	3/20	AC	$15

Adaptive Rec Club 18

Meet new friends and enjoy having fun together! A variety of fun social activities for ages 18 and older.

Age 18 and up

Tuesday	5:30-7:00PM	3/23	TBA	$12

Adaptive Rec Egg Splash

Our new Adaptive version of our Classic Egg Splash. Splash, swim and dive for eggs in our themed pool, turn your eggs in for Spring Prizes and goodies, and then enjoy an exclusive private open swim and a visit with the Easter Bunny! Chaperones are free.

Age 8 and up

Saturday	1:00-2:00PM	3/27	AC	$15

Adaptive Rec Karaoke

Bring out your singing voice and become a rock star for a day! Have a blast singing your favorite songs.

Age 12 and up

Thursday	6:00-7:00PM	3/30	AC	$9

Adaptive Rec Mermaid & Pirate Splash

Swim in our "lagoon" with our special mermaid guest or search for sunken treasure. Child mermaid tails will be allowed in zero depth pool only. Don't forget to bring your camera for photos with our mermaid and Pirate. Chaperones are free.

Age 8 and up

Saturday	1:00-2:00PM	4/17	AC	$15

Adaptive Rec Walking Club

Get moving with friends during this fun and supportive walking program. Participants will enjoy an easy-paced walk while working on endurance, socializing, and making healthy activity part of their regular routine.

Age 8 and up

Wednesday	5:00-6:00PM	4/21	SC	$9
Wednesday	6:00-7:00PM	5/12	TBA	$9

Adaptive Rec Banquet

Celebrate the accomplishments, friendships, and memories made throughout the seasons. Enjoy a meal, social time, recognition of participants and volunteers, and a fun evening together with the AR community.

All ages

Thursday	5:30-7:00PM	5/27	BVA	$9

BLUE STREAKS

Our Blue Valley Blue Streaks team competes in various sports throughout the season. One jersey is provided with an additional charge for any replacement jerseys. ***Competitors MUST have a current physical form on file before participating.***

Blue Streaks Cheerleading

No experience necessary. Root, root, root for the home team as you learn basic cheer skills and cheer at league games. You can enroll in both cheer and basketball.

Age 8 and up

Tuesday	7:00-7:30PM	1/5-3/9	RC	$30

Blue Streaks Basketball

No experience necessary. Work on skills as you learn the game of basketball. We emphasize safety, sportsmanship, and fun while preparing for the KC Metro and State competitions. After registration, participants will be notified of coach and practice times. Athletes will practice from 6:00-7:00PM or 7:00-8:00PM.

Age 8 and up

Tuesday	6:00-8:00PM	1/5-3/9	RC	$50

Blue Streaks Soccer

Learn the fundamentals of soccer. Emphasis placed on learning rules and preparation for soccer competitions. Teams divided according to age and skill level.

Age 8 and up

Wednesday	6:00-7:00PM	3/17-5/5	SC	$40

Blue Streaks Tennis

No experience necessary. Learn some basic tennis strokes and develop skills in serving, forehand, backhand, and rallies. Prepare for KC Metro competitions.

Age 8 and up

Tuesday	6:30-7:30PM	4/6-5/18	TBA	$40

Blue Streaks Cycling

Come ride with us! First session will meet at the BVRC Sports Complex (meet on south side in parking lot next to shelter). To enroll you must be able to ride a bicycle. Bring your bike, wear a helmet, and join in the fun of cycling. Interested riders can participate in KC Metro Cycling.

Age 8 and up

Thursday	4:30-5:15PM	4/8-4/29	SC	$20

Blue Streaks Track & Field

No experience necessary. Develop athletic skills as you prepare for KC Metro Special Olympics competition. Running, long jump, softball throw, standing long jump, race walk, relays, and other events emphasized.

Age 8 and up

Monday	6:30-7:30PM	4/5-5/17	OTM	$40

Blue Streaks Bocce/Cornhole

Come learn and play two fun recreational sports in a relaxed team setting. Participants will practice tossing, accuracy, strategy, and sportsmanship while enjoying friendly competition with teammates and friends.

Age 8 and up

Thursday	5:30-6:30PM	4/8-5/8	SC	$25



Michael & Brandy Rea
FAMILY FOUNDATION



Brody Rea's Boundless Playground

An Inclusive Play Experience without Limits

- ACCESSIBLE FOR ALL ABILITIES
- BUILDS INCLUSION & FRIENDSHIP
- SUPPORTS PHYSICAL, SOCIAL & EMOTIONAL GROWTH
- OFFERS SENSORY-RICH PLAY OPPORTUNITIES
- CREATES A WELCOMING SPACE FOR OUR ENTIRE COMMUNITY

Be Active. Be Social. Belong.

Open dawn to dusk (weather permitting).

8851 W. 137th St.

PlayCore®
NATIONAL DEMONSTRATION SITE

- ✓ 7 Principles of Inclusive Design
- ✓ Play On!® – Six Elements of Play

varietykc
the children's charity

blue valley rec

AQUATICS



Learn to Swim Program

For safety purposes, parents are required to stay in the building during classes and remain in the observation area. Lifeguards are on duty at all times.

- Please let us know if a child has special needs.
- Sorry, no make-up/refunds for missed classes.
- Class ratio is approximate and subject to change.
- Parents may observe from our lobby.

What's free and helps you stay fit?

Now accepted for:

Drop-in Lap Swim
Open Swim
Drop-in River Walk

*Discount on Joint Health Aqua Fit

SilverSneakers®

Swim Tests

This FREE swim test will be conducted by staff to assess the appropriate swim class level for your swim student. Please check our Drop-in Pool Calendar for days and times of the FREE swim tests.

Aquatics Refund Policy

100% refund granted when cancelled 10 days prior to start of the activity. A $10 processing fee will be accessed to cancellations made from 9-5 days of the start of the activity. No refunds will be issued for cancellations within 4 or less days of the start of the activity.

Private Swim Lessons

One-on-one individualized lessons.

Private Lessons

Registration includes four 30-minute lessons with the same instructor, second participant is $120. Due to high demand, refunds and reschedules will not be allowed unless BVRC cancels. BVRC Aquatics reserves the right to modify based on extenuating circumstances.

Age 2 and up

TBA	TBA	AC	$175
Additional Participant			$125

Private Lessons Waitlist

If you are looking for private or semi-private lessons and don't see an instructor or time that works for you, then sign up for our waitlist. When new times or instructors become available, the Private Lesson Waitlist will receive an email notifying you that New Private Lesson spots have opened. Please ensure your email is up to date.

AQUATICS

Parent & Child

This fun, interactive class gives adults and their little swimmers the opportunity to explore the water, build confidence, and create lasting memories. Through instructor-led songs, games and playful activities, children develop water comfort, learn essential water safety skills and build a strong foundation for future swim lessons all in a safe and encouraging environment.

Age 6 months-3 years

Activities include:

- Songs
- Bubbles
- Playing with toys
- Getting in and out of the pool safely
- Moving our arms and legs
- Getting our faces wet
- Laying on our stomachs and backs in the water
- Aquatic safety topics

Ratio: 10:1
Prerequisites: None
Notes: All non-toilet-trained guests must wear a swim diaper and proper swim attire. Goggles are discouraged for entry-level classes while children work on water comfort.

Preschool Level 1 Goldfish



Perfect for preschoolers who are ready to explore the water on their own or need a little extra time building confidence. No previous swim experience is needed! Through fun, encouraging activities, our instructors help young swimmers feel comfortable in the water while introducing basic swimming skills with assistance. Our goal is to help every swimmer feel safe, build confidence, and have fun while learning new skills.

Age 3-5

Instructors teach comfort in the water while introducing basic assisted skills such as:

- Water safety
- Entry and exits
- Freestyle arms and legs
- Backstroke arms and legs
- Back float (5 seconds)
- Getting our faces wet and blowing bubbles
- Front and back glides

Ratio: 4:1
Prerequisites: None
Notes: All non-toilet-trained swimmers must wear a swim diaper and proper swim attire. Goggles are discouraged for entry-level classes while children work on water comfort.

Preschool Level 2 Sunfish



Ready for the next step? This class is for preschool aged kids who are comfortable in the water and are ready to start doing tasks with limited assistance and start attempting independence in the water. Our goal is to help young swimmers gain confidence, become more independent, and have fun as they learn.

Age 3-5

Skills practiced with limited assistance include:

- Water Safety
- Freestyle arms and legs
- Backstroke arms and legs
- Back float (10 seconds)
- Gaining limited independence
- Keeping our faces in the water with bobs
- Front and back glides

Skills practiced with limited assistance include:

- Water safety
- Freestyle arms and legs
- Backstroke arms and legs
- Back float (10 seconds)
- Gaining limited independence
- Keeping our faces in the water with bobs
- Front and back glides

Ratio: 4:1
Prerequisites: Comfortable in water and getting face wet.
Notes: All non-toilet-trained swimmers must wear a swim diaper and proper swim attire. Goggles are discouraged for entry-level classes while children work on water comfort.

Preschool Level 3 Clownfish

Watch their confidence grow! This class is perfect for preschoolers who can swim independently on their fronts and backs and are ready to take their skills even further. Swimmers will work on building strength, coordination, and confidence as they practice swimming longer distances without assistance. Our goal is to help young swimmers become stronger, more confident, and independent in the water while having fun.

Age 3-5

Skills practiced in class without assistance include:

- Freestyle (combined arms and legs)
- Backstroke (Combined arms and legs)
- Back float (10 seconds)
- Treading water (15 seconds)
- Rhythmic breathing on front

Skills practiced in class without assistance include:

- Freestyle (combined arms and legs)
- Backstroke (combined arms and legs)
- Back float (10 seconds)
- Treading water (15 seconds)
- Rhythmic breathing on front

Ratio: 4:1
Prerequisites: Limited assistance on freestyle, back stroke, and back float.
Notes: All non-toilet-trained swimmers must wear a swim diaper and proper swim attire. Goggles are discouraged for entry-level classes while children work on water comfort.



Level 1 Jellyfish

A great starting point for school-age kids who are new to swimming or still building confidence in the water. Through fun activities and hands-on instruction, swimmers will learn basic water safety and begin developing the skills they need to move on to Level 2. Every child learns at their own pace, so it's common for swimmers to take Jellyfish more than once as they become more comfortable and confident. Our goal is to help every swimmer feel safe and comfortable in the water, build confidence, and develop the basic skills they need to take the next step in their swimming journey.

Age 5-12

Skills covered include:

- Getting faces and eyes wet with bobs
- Water safety
- Entering and exiting the pool
- Freestyle arms and legs
- Back stroke arms and legs
- Back float (5 seconds)

Ratio: 5:1
Prerequisites: None
Notes: Goggles are discouraged for entry-level classes while children work on water comfort.

Level 2 Sea Turtle

Ready to swim a little farther and try something new? This class is for swimmers who have completed Preschool Level 3 Clownfish or Level 1 Jellyfish and can perform basic swim strokes without assistance. Swimmers will build on what they've learned by practicing longer distances, improving their strokes, and learning new skills in the water. Our goal is to help swimmers build strength, improve their technique, and gain the confidence to swim longer distances while becoming more independent in the water.

Age 6-12

Skills covered include:

- Combined freestyle with rhythmic breathing (10 yards)
- Combined backstroke (10 yards)
- Breaststroke kick
- Treading (30 seconds)
- Kneeling dive
- Back float (15 seconds)

Ratio: 6:1
Prerequisites: Successful completion of Preschool Level 3 Clownfish or Level 1 Jellyfish or the ability to swim unassisted on freestyle (5 yards), backstroke (5 yards) and back float for 5 seconds independently.
Notes: None

AQUATICS

Level 3 Stingray

Ready to take your swimming to the next level? This class is for swimmers who are comfortable in the water and ready to tackle longer distances and more advanced skills. Swimmers will work toward swimming full lengths of the pool (25 yards), improving the strokes they already know, and learning new techniques to become stronger, more confident swimmers. Our goal is to help swimmers improve their technique, build endurance, and gain confidence as they learn more advanced strokes and become stronger, more independent swimmers.

Age 6-14

Skills covered include:

- Advanced side breathing on freestyle (25 yards)
- Backstroke (25 yards)
- Combined breaststroke (10 yards)
- Streamline with flutter kicks (10 yards)
- Dolphin kicks (10 yards)
- Treading and back floating for 1 minute
- Open turns after freestyle/backstroke (30 yards)
- Swimming underwater

Ratio: 6:1
Prerequisites: Successful completion of Level 2 Sea Turtle or the ability to perform rotary breathing while swimming freestyle, 10 yards on freestyle and backstroke. Ability to demonstrate whip kick, tread for 30 seconds and back float for 10 seconds unassisted.
Notes: None

Level 4 Barracuda

As our final school-age swim level, this class helps swimmers take their skills even further. Swimmers will focus on improving all four competitive strokes, building endurance, and swimming longer distances with confidence. They'll also practice dives and turns as they work toward becoming stronger, more skilled swimmers. Our goal is to help swimmers improve their technique, build endurance, and feel confident using all four strokes. By the end of this level, swimmers will have the skills and confidence to enjoy swimming and take the next step toward competitive swimming.

Age 6-14

Activities practiced include:

- Standing dives
- Freestyle (50 yards)
- Backstroke (50 yards)
- Breaststroke (50 yards)
- Butterfly (25 yards)
- Treading (2 minutes)
- Flip turns
- Swimming underwater

Ratio: 6:1
Prerequisites: Successful completion of Level 3 Stingray or the ability to swim full lengths of pool of freestyle, backstroke, and breaststroke. Must be able to tread/float for a full minute, perform strong side breathing while swimming front stroke, and be able to perform dolphin kick unassisted.
Notes: Goggles encouraged.



Swim Team

This class is a great way to keep improving your skills in a fun, supportive environment without the pressure of competition. Swimmers will focus on building endurance, improving technique, and gaining confidence in all four competitive strokes. Lanes are grouped by skill level, with workouts tailored to help swimmers continue improving at their own pace. Our goal is to help swimmers become stronger, more confident in the water, and enjoy swimming as a fun, lifelong activity.

Prerequisites: Swimmer should possess a Level 4 Barracuda certificate or demonstrate the ability to swim 50 yards of freestyle, 50 yards of backstroke, 25 yards of breaststroke, and 25 yards of butterfly.Goggles are encouraged.

No class 3/15, 3/17

Age 6-18

Monday/Wednesday	7:10-7:50PM	11/30-12/21	AC	$126/$168NR
Tuesday/Thursday	4:10-4:50PM	12/1-12/22	AC	$111/$147NR
Monday/Wednesday	7:10-7:50PM	1/4-1/27	AC	$126/$168NR
Tuesday/Thursday	4:10-4;50PM	1/5-1/28	AC	$111/$147NR
Monday/Wednesday	7:10-7:50PM	2/1-2/24	AC	$126/$168NR
Tuesday/Thursday	4:10-4:50PM	2/2-2/25	AC	$126/$168NR
Monday/Wednesday	7:10-7:50PM	3/1-3/31	AC	$126/$168NR
Tuesday/Thursday	4:10-4:50PM	3/2-4/1	AC	$126/$168NR
Monday/Wednesday	7:10-7:50PM	4/5-4/28	AC	$126/$168NR
Tuesday/Thursday	4:10-4:50PM	4/6-4/29	AC	$126/$168NR
Monday/Wednesday	7:10-7:50PM	5/3-5/26	AC	$126/$168NR
Tuesday/Thursday	4:10-4:50PM	5/4-5/27	AC	$126/$168NR

Adult Swim Lessons

Want to learn how to swim, feel more comfortable in the water, or brush up on your skills? We've got you! Our instructors will work with you at your own pace and help you reach your personal swimming goals. No pressure, just a welcoming place to learn, practice, and build confidence. Our goal is to help you feel comfortable and confident in the water while building skills you can enjoy for a lifetime.

Age 16 and up

Tuesday	7:10-7:50PM	12/1-12/22	AC	$68/$90NR
Thursday	7:10-7:50PM	12/3-12/17	AC	$51/$68NR
Tuesday	7:10-7:50PM	1/5-1/26	AC	$68/$90NR
Thursday	7:10-7:50PM	1/7-1/28	AC	$68/$90NR
Tuesday	7:10-7:50PM	2/2-2/23	AC	$68/$90NR
Thursday	7:10-7:50PM	2/4-2/25	AC	$68/$90NR
Tuesday	7:10-7:50PM	3/2-3/30	AC	$68/$90NR
Thursday	7:10-7:50PM	3/4-4/1	AC	$68/$90NR
Tuesday	7:10-7:50PM	4/6-4/27	AC	$68/$90NR
Thursday	7:10-7:50PM	4/8-4/29	AC	$68/$90NR
Tuesday	7:10-7:50PM	5/4-5/25	AC	$68/$90NR
Thursday	7:10-7:50PM	5/6-5/27	AC	$68/$90NR



AQUATICS

Monday/Wednesday Classes

Month at a Glance

Month	Monday/ Wednesday	Weeks	Classes	Fee
December	Monday 11/30 - Wednesday 12/23	4	8	$119/$158NR
January	Monday 1/4 - Wednesday 1/27	4	8	$119/$158NR
February	Monday 2/1 - Wednesday 2/24	4	8	$119/$158NR
March*	Monday 3/1 - Wednesday 3/31	4	8	$119/$158NR
April	Monday 4/5 - Wednesday 4/28	4	8	$119/$158NR
May	Monday 5/3 - Wednesday 5/26	4	8	$119/$158NR

* No class 3/15, 3/17

Class Times

Morning Classes	9:45AM	10:20AM	11:00AM	11:35AM
Parent and Child				X
Preschool 1 Goldfish	X			
Preschool 2 Sunfish		X		
Preschool 3 Clownfish			X	

Afternoon/Evening Classes	4:15PM	4:50PM	5:25PM	6:00PM	6:35PM	7:10PM
Parent and Child			X			
Preschool 1 Goldfish	X	X	X	X	X	
Preschool 2 Sunfish	X			X	X	
Preschool 3 Clownfish	X			X	X	
Level 1 Jellyfish		X		X	X	X
Level 2 Sea Turtle		X	X			
Level 3 Stingray			X			
Level 4 Barracuda		X	X			

Tuesday/Thursday Classes

Month at a Glance

Month	Monday/ Wednesday	Weeks	Classes	Fee
December	Tuesday 12/1 - Tuesday 12/22	4	7	$105/$139NR
January	Tuesday 1/5 - Thursday 1/28	4	8	$119/$158NR
February	Tuesday 2/2 - Thursday 2/25	4	8	$119/$158NR
March*	Tuesday 3/2 - Thursday 3/31	4	8	$119/$158NR
April	Tuesday 4/6 - Thursday 4/28	4	8	$119/$158NR
May	Tuesday 5/4 - Thursday 5/27	4	8	$119/$158NR

* No class 3/16, 3/18

Class Times

Morning Classes	9:45AM	10:20AM	11:00AM	11:35AM
Parent and Child	X			
Preschool 1 Goldfish				X
Preschool 2 Sunfish			X	
Preschool 3 Clownfish		X		

Afternoon/Evening Classes	4:15PM	4:50PM	5:25PM	6:00PM	6:35PM	7:10PM
Parent and Child				X		
Preschool 1 Goldfish	X	X	X	X	X	
Preschool 2 Sunfish	X			X	X	
Preschool 3 Clownfish	X				X	
Level 1 Jellyfish		X		X	X	X
Level 2 Sea Turtle		X	X		X	
Level 3 Stingray			X			X
Level 4 Barracuda		X	X			



AQUATICS

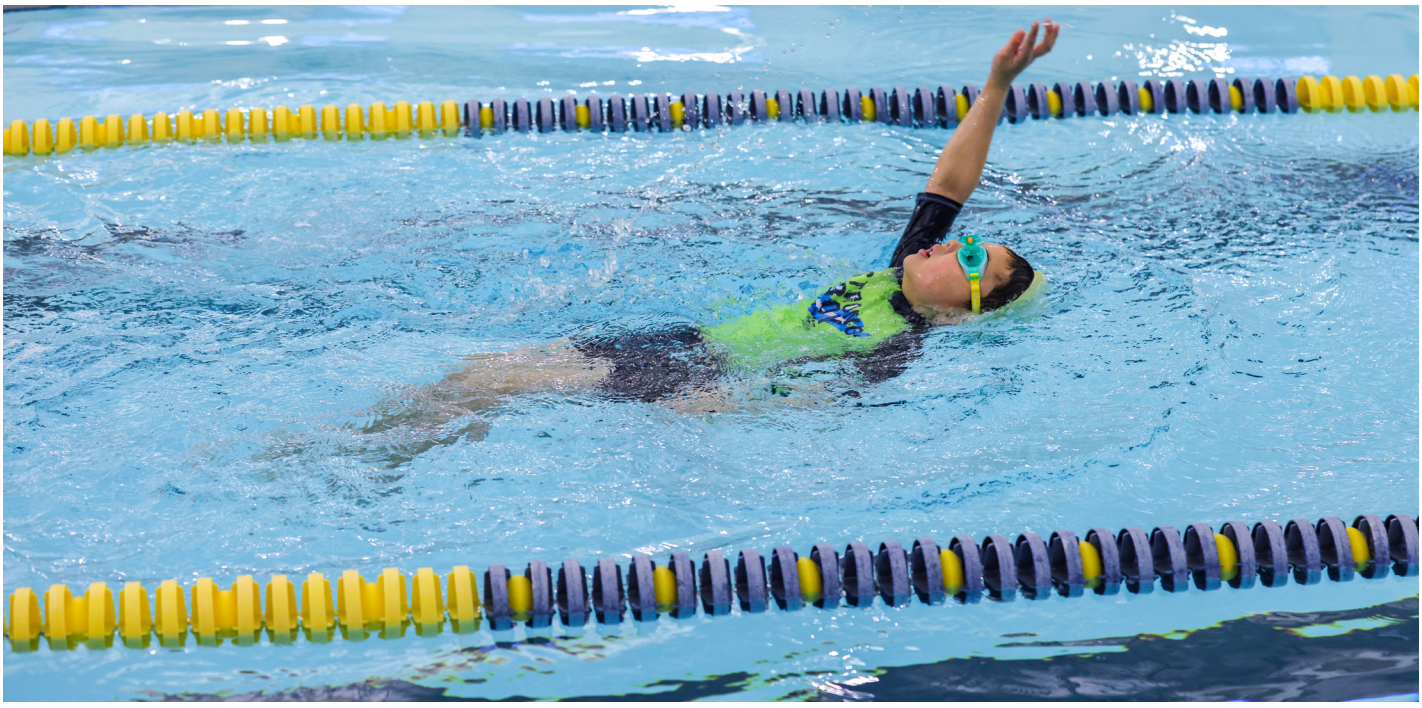
Saturday Classes

Month at a Glance

Month	Monday/ Wednesday	Weeks	Classes	Fee
December	Saturday 12/5 - Saturday 12/19	3	3	$45/$60NR
January	Saturday 1/9 - Saturday 1/30	4	4	$60/$79NR
February	Saturday 2/6 - Saturday 2/27	4	4	$60/$79NR
March	Saturday 3/6 - Saturday 3/27	4	4	$60/$79NR
April	Saturday 4/3 - Saturday 4/24	4	4	$60/$79NR
May	Saturday 5/1 - Saturday 5/22	4	4	$60/$79NR

Class Times

Morning/Afternoon Classes	8:30AM	9:05AM	9:40AM	10:15AM	10:50AM	11:25AM	12:00PM
Parent and Child							X
Preschool 1 Goldfish	X	X	X	X	X	X	X
Preschool 2 Sunfish	X		X		X		X
Preschool 3 Clownfish		X		X		X	
Level 1 Jellyfish	X	X	X	X	X	X	
Level 2 Sea Turtle	X	X			X		X
Level 3 Stingray		X			X		
Level 4 Barracuda			X			X	



Drop-in Pool Time

Check out our Drop-in Pool Calendar for up-to-date times and activities. Pool rules and admission fee apply for all participants.

Preschool Splash ***(Age 5 and under with adult)***
$10 per child/caregive duo per visit ($5 per additional participant)
Designed for kids 5 years or under with a caregiver. Includes access to our heated recreation pool with zero depth entry, spray features and a lazy river. Perfect for your little ones to burn off energy and make friends. Adults must be in the water with kids. Check our online calendar for days, times, and fees.

River Walk ***(Age 15 and up)***
$8 per person per visit
Our heated river features easy access with our stairs or zero-depth entry. Depth ranges from 3.5-4 feet and you can walk with or against the current. Use our exercise equipment is included, or you can use the middle section with jets and benches to personalize your workout or cool down stretch. Certified lifeguards are on deck at all times. Check our online calendar for times and days.

Lap Swim ***(Age 15 and up)***
$8 per person per visit
Our heated four lane (25 yard) lap pool with flags ranges from 4-9 ft. deep. Drop-in lap swim is perfect for your low-impact swimming workout. Please note lane sharing and circle swimming may be required depending on demand. Certified lifeguards are on deck at all times. Check our online calendar for info.

Open Swim ***(All ages with adult)***
$10 per child per visit ($5 per adult per visit)
Includes access to our heated recreation pool with zero depth entry, spray features, lazy river, and lap pool. Certified lifeguards are on deck at all times. Proper swim attire required and all non-toilet trained guests must wear a swim diaper. For the safety of your child children under the age of 5 years must be within arm's reach of a swimming adult at all times. Find updated schedule and pool rules at www.bluevalleyrec.org.

AQUATIC EVENTS

Dive into the fun where themed activities, interactive games, and family-friendly excitement turn the pool into unforgettable experiences for all ages.

Parents Night Out

Need a night without the kiddos? Drop them off for pizza, crafting, and swimming while being chaperoned by our certified aquatic staff.
Age 4-11 (Participants must be independently potty trained)

Friday	4:30-7:30PM	12/4	AC	$30
Friday	4:30-7:30PM	1/8	AC	$30
Friday	4:30-7:30PM	2/12	AC	$30
Saturday	4:30-7:30PM	2/13	AC	$30
Sunday	4:30-7:30PM	2/14	AC	$30
Friday	4:30-7:30PM	3/5	AC	$30
Friday	4:40-7:30PM	4/16	AC	$30
Friday	4:30-7:30PM	5/7	AC	$30

Santa Splash

Get in the holiday spirit and splash with Santa in our Winter Wonderland pool. Chaperones are free.
All ages

Saturday	6:00-7:30PM	12/5	AC	$15/swimmer

Tropical Splash

Splash those winter blues away with a tropical swim. Treats and swimming in our "coral reef" will be sure to give you beach vibes even in freezing Kansas. Goggles or none glass masks encouraged for underwater views.
All ages

Saturday	2:30-4:00PM	2/27	AC	$15/swimmer

Egg Splash

Swim and dive for eggs in our themed pool, turn your eggs in for spring prizes and goodies, and then enjoy open swim and a visit with the Easter Bunny!
All ages

Saturday	1:00-2:00PM	3/27	AC	$15 (AR)
Saturday	2:30-4:00PM	3/27	AC	$15/swimmer

Mermaid & Pirate Splash

Attention young mermaids and pirates, swim in our "lagoon" with our special mermaid and pirate guest or search for sunken treasure. Child mermaid tails allowed in zero depth pool only.
All ages

Saturday	1:00-2:00PM	4/17	AC	$15 (AR)
Saturday	2:30-4:00PM	4/17	AC	$15/swimmer

AQUATICS

AQUA FITNESS

Water resistance increases muscle strength,endurance in a non-weight bearing environment and alleviates joint stress while allowing for full range of motion. Sorry, these classes are not included in the Rec Center Membership.

Deep Water Aqua Fit

Strengthen your core, build lean muscles, and improve cardio fitness with no impact to your joints. No formal swimming skills needed. Equipment provided. (lap pool)

Senior Aqua Fit

Designed to provide a challenging, yet joint-friendly workout. Focus on joints, flexibility, and muscle toning. No formal swimming skills needed and all equipment provided. (lap pool)

Advance Senior Lap Pool Aqua Fit

Designed to provide a challenging workout. Focus on joints, flexibility, and muscle toning. No formal swimming skills needed and all equipment provided. (lap pool)

Wavemakers

Looking for a low-impact workout that still delivers results? This water class is fun, challenging, easy on your joints, and helps improve flexibility and muscle tone to support a healthy lifestyle. No swimming skills required, water equipment will be used for resistance and muscle building. (lap pool)

Joint Health Aqua Fit*

Exercise in a calming environment without putting excess strain on your joints and muscles. Gentle activities in warm water and guidance from an arthritis certified instructor helps you gain strength and flexibility, while decreasing inflammation and pain. No formal swimming skills needed and all equipment provided. (lap pool)
***$15 discount for active Silver Sneaker members**

River Aqua Fit

Improve balance and coordination with high-intensity movements while keeping heart rate up. You must be strong enough to resist the push of moving water. No formal swimming skills needed. Equipment provided. (aqua river channel)

River Mix

Perform high-intensity exercises to get the heart rate up. Begin in the lazy river channel for jogging, aerobic exercise, and use of resistance equipment for upper body strengthening. Move to lap pool for core and upper body exercise. No formal swimming skills needed. Equipment provided. (aqua river channel/lap pool)



Aqua Fitness Classes

Need a certain day or time for your class? This grid helps you find the perfect time for your schedule.
Age 15 and up
Month at a Glance

Month	Dates	Classes	Fee
December (M, Tu, or W)	11/30-12/23	4	$45/$60NR
December (Th or F)	12/3-12/18	3	$34/$45NR
January	1/4-1/29	4	$45/$60NR
February	2/1-2/26	4	$45/$60NR
March*	3/1-4/2*	4	$45/$60NR
April	4/5-4/30	4	$45/$60NR
May	5/3-5/28	4	$45/$60NR

*March Joint Health no class 3/15, 3/17
Additional $15 discount on Joint Health with Beth for active Silver Sneaker Members

Days & Class Times

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00AM	**River** (Dee)	**River** (Dee)	**River** (Dee)	**River** (Dee)	
8:00AM		**River Mix** (Dee)		**River Mix** (Dee)	**River** (Lynn)
9:00AM	**River Mix** (Dee)		**River Mix** (Christine)		**River Mix** (Lynn)
10:00AM	**Senior** (Lynn)	**Adv Senior** (Christine/Dee)	**Senior** (Janet)	**Adv Senior** (Christine/Dee)	**Senior** (Janet)
11:00AM	**Deep** (Donna)	**Deep** (Donna)	**Deep** (Peggy)	**Deep** (Donna)	**Deep** (Lynn)
2:00PM	**Joint Health** (Beth)		**Joint Health** (Beth)		
5:30PM		**River Mix** (Kay)		**River Mix** (Kay)	
6:00PM	**Wavemakers** (Peggy)		**Wavemakers** (Peggy)		

AQUATICS

Lap Swim Reservation

Looking to lap swim but want consistency and a guaranteed private lane? Join us for our Lap Swim Reservation time. All sessions are 55 minutes except 4:00PM session is 45 minutes.

Age 15 and up

Month at a Glance

Month	Dates	Classes	Fee
December (M, Tu, or W)	11/30-12/23	4	$45/$60NR
December (Th, F, or Sa)	12/3-12/18	3	$34/$45NR
January	1/4-1/29	4	$45/$60NR
February	2/1-2/26	4	$45/$60NR
March	3/1-4/2	4	$45/$60NR
April	4/5-4/30	4	$45/$60NR
May	5/3-5/28	4	$45/$60NR

Days & Class Times

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00AM	Reserve	Reserve	Reserve	Reserve	Reserve	Reserve
8:00AM	Reserve		Reserve		Reserve	
9:00AM		Drop-in		Drop-in		
12:00PM	Reserve	Reserve	Reserve	Reserve	Reserve	
1:00PM	Drop-in	Drop-in	Drop-in	Drop-in		
2:00PM					Drop-in	
3:00PM					Drop-in	
4:00PM	Drop-in		Drop-in			



Private Dance Lessons

Contact our Dance Coordinator (913-685-6000) to arrange for private lessons. Lessons are available in Tap, Ballet, Jazz, Hip Hop, and Acrobatics (Acro).

Age 7-16

Phone	TBA	45 minutes	AC	$45/$56NR
Phone	TBA	60 minutes	AC	$60/$75NR

Important Dance Information

Not sure which class is the best fit?
For any enrollment or placement questions, please call 913-685-6000 to speak with our dance coordinator. Sorry, no make-up/refunds for missed classes.

Dance Refund Policy
Prorated refund (minus $10 processing fee) may be issued if you cancel before the start of the second class. No refunds or make-up classes granted for missed attendance even for cancellations after the second class.

BVRC DANCE Dress Code







Each dance class has a dress code including required attire and footwear.

Please check the online registration page on Amilia and Parent Handbook for details.

DANCE

JANUARY MINI-SESSIONS AT THE REC CENTER

Interested in giving dance a try! Join us for our 4-week mini session of classes held at the Rec Center (RC) this January.

Discover Dance 1

NEW

A fantastic way for children to explore movement through music, develop physical skills, channel energy, stimulate imagination, and promote creativity. Using fun props, age-appropriate music and storytelling, this is a wonderful opportunity to explore and discover dance. Must be 3 years old prior to the first class, potty trained, and comfortable being away from parent. **This class does not participate in the spring recital.**

Age 3

Monday	11:15AM-12:00PM	1/4-1/25	RC	$64/$86NR
Thursday	4:15-5:00PM	1/7-1/28	RC	$64/$86NR

Discover Dance 2

NEW

A fantastic way for children to explore movement through music, develop physical skills, channel energy, stimulate imagination, and promote creativity. Using fun props, age-appropriate music and storytelling, this is a wonderful opportunity to explore and discover dance. Must be 4 years old prior to the first class. **This class does not participate in the spring recital.**

Age 4-5

Monday	10:15-11:00AM	1/4-1/25	RC	$64/$86NR
Thursday	5:15-6:00PM	1/7-1/28	RC	$64/$86NR

Beginner Acro Workshop

NEW

Acrobatic dance (Acro) is the beautiful fusion of classical dance technique with the precision and athleticism of acrobatic elements. Students will safely learn handstands, chin stands, rolls, bridges, cartwheels, splits, and progress to walkovers. Must be turn 6 before first class. **This class does not participate in the spring recital.**

Age 6-10

Wednesday	4:15-5:10PM	1/6-1/27	RC	$64/$86NR

Intro to Adult Ballet Workshop

NEW

For the absolute beginner. In this 4-week session, participants will work on the beginning fundamentals of ballet. Great for individuals looking to start ballet for the very first time! Classes will include ballet barre work, center exercises, and travelling steps. **This class does not participate in the spring recital.**

Age 18 and up

Thursday	7:00-7:55PM	1/7-1/28	RC	$64/$86NR



PRESCHOOL DANCE - RECITAL CLASSES

Introduces young children to movement and music in a fun, nurturing environment. Kids build balance, coordination, strength, and motor skills while practicing listening, following directions, and social interaction. Dance also encourages confidence, creativity, and self-expression, helping little ones grow physically, socially, and emotionally.

Primary Ballet/Tap Combo*

A fantastic way for children to explore movement through music, develop physical skills, channel energy, stimulate imagination, and promote creativity. Using fun props, age-appropriate music, and storytelling students will grow a love for dance. Basic listening skills and following directions are emphasized while learning the fundamentals of ballet and tap. Must be 3 years old prior to the first class, potty trained, and comfortable being away from parent. ***This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.***
(No class 3/15, 3/16, 3/17, 3/18, 3/19, 3/20)

Age 3

Monday	11:15AM-12:00PM	2/1-5/10	AC	$240/$320NR
Monday	5:00-5:45PM	2/1-5/10	AC	$240/$320NR
Tuesday	9:15-10:00AM	2/2-5/11	AC	$240/$320NR
Tuesday	4:15-5:00PM	2/2-5/11	AC	$240/$320NR
Wednesday	10:15-11:00AM	2/3-5/12	AC	$240/$320NR
Thursday	11:15AM-12:00PM	2/4-5/13	AC	$240/$320NR
Thursday	4:15-5:00PM	2/4-5/13	AC	$240/$320NR
Friday	9:15-10:00AM	2/5-5/14	AC	$240/$320NR
Friday	11:15AM-12:00PM	2/5-5/14	AC	$240/$320NR
Saturday	10:15-11:00AM	2/6-5/15	AC	$240/$320NR

Pre-Kinder Ballet/Tap Combo* NEW

Students learn basic technique and establish a solid foundation in both ballet and tap, as well as learn proper classroom etiquette. In this class, students will use fun props, move to age-appropriate music, and experience storytelling. They will gain a sense of accomplishment and joy as they explore the world of dance. Must be 4 years old prior to the first class. ***This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/15, 3/16, 3/17, 3/18, 3/19, 3/20)

Age 4

Monday	10:15-11:00AM	2/1-5/10	AC	$240/$320NR
Monday	5:15-6:00PM	2/1-5/10	AC	$240/$320NR
Tuesday	2:15-3:00PM	2/2-5/11	AC	$240/$320NR
Tuesday	5:15-6:00PM	2/2-5/11	AC	$240/$320NR
Thursday	9:15-10:00AM	2/4-5/13	AC	$240/$320NR
Thursday	6:00-6:45PM	2/4-5/13	AC	$240/$320NR
Friday	10:15-11:00AM	2/5-5/14	AC	$240/$320NR
Saturday	9:15-10:00AM	2/6-5/15	AC	$240/$320NR

Spring Recital Notes

Which classes take part in the Spring Recital?

Classes marked with a * participate in the spring recital. In addition to registration fees listed, an additional $85 costume fee ($95 for adults) per class is due at the time of registration. This fee includes costume, tights, and recital t-shirt.

What is the Recital Timeline?

Costume measurements will take place the first week of classes, and there will be no refunds for costumes once orders are placed in January. After Spring Break, parents will receive a recital packet with information including performance times, location, etc. Recital date will be announced at a later date and parents will be notified as soon as a date is confirmed.



DANCE

Kinder Ballet/Tap Combo*

NEW

Continuing the basics taught in Pre-Kinder Combo, this class will use creative imagery and fun props to further students' ballet and tap technique knowledge. This structured class will teach proper classroom etiquette in a fun and exciting environment! Must be 5 years old prior to the first class. ***This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/15, 3/16, 3/17, 3/18, 3/19, 3/20)

Age 5

Monday	6:00-6:45PM	2/1-5/10	AC	$240/$320NR
Wednesday	11:15AM-12:00PM	2/3-5/12	AC	$240/$320NR
Wednesday	6:00-6:45PM	2/3-5/12	AC	$240/$320NR
Thursday	2:15-3:00PM	2/4-5/13	AC	$240/$320NR
Thursday	5:15-6:00PM	2/4-5/13	AC	$240/$320NR
Friday	12:15-1:00PM	2/5-5/14	AC	$240/$320NR
Saturday	11:15AM-12:00PM	2/6-5/15	AC	$240/$320NR

Kinder Hip Hop*

Students ages 4 & 5 will explore rhythm and body movement while developing coordination, musicality, and proper classroom etiquette in this high-energy class. Must be 4 years old prior to the first class. ***This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/15, 3/16, 3/17, 3/18, 3/19, 3/20)

Age 4-5

Monday	4:15-5:00PM	2/1-5/10	AC	$240/$320NR
Wednesday	4:15-5:00PM	2/3-5/12	AC	$240/$320NR
Saturday	12:15-1:00PM	2/6-5/15	AC	$240/$320NR

Tap and Tumble*

In this combo class, students will learn foundational skills in Tap and Acrobatics. Students will use fun props, dance to age-appropriate music, and safely learn beginner acro skills. Must be 4 before first class. Dress code: Shorts and leotard or tight-fitting top, socks, no tights. ***This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/15, 3/17)

Age 4-5

Monday	4:15-5:10PM	2/1-5/10	AC	$240/$320NR
Wednesday	2:00-2:55PM	2/3-5/12	AC	$240/$320NR

PRESCHOOL DANCE - NO RECITAL

Dance With Me

Mom, dad, grandparent, or caregiver! Come and enjoy some active time in this adult assisted 30-minute movement class. This class explores the joy of dance and music using fun props while making lasting memories with your dancer. Must be 2 years old prior to the first class. Adult must be able to keep up with dancer. **This class does not participate in the spring recital.**

Age 2-3

Session 1

Tuesday	10:30-11:00AM	2/2-3/9	AC	$72/$96NR
Wednesday	5:00-5:30PM	2/3-3/10	AC	$72/$96NR
Wednesday	5:30-6:00PM	2/3-3/10	AC	$72/$96NR
Thursday	10:30-11:00AM	2/4-3/11	AC	$72/$96NR

Session 2

Tuesday	10:30-11:00AM	3/23-5/11	AC	$96/$128NR
Wednesday	5:00-5:30PM	3/24-5/12	AC	$96/$128NR
Wednesday	5:30-6:00PM	3/24-5/12	AC	$96/$128NR
Thursday	10:30-11:00AM	3/25-5/13	AC	$96/$128NR

Little Dancer 1 Ballet/Tap Combo

A fantastic way for children to explore movement through music, develop physical skills, channel energy, stimulate imagination, and promote creativity. Using fun props, age-appropriate music and storytelling, students will grow a love for dance. Basic listening skills and following directions are emphasized while learning the fundamentals of ballet and tap. Must be 3 years old prior to the first class, potty trained, and comfortable being away from parent. **This class does not participate in the spring recital.**

Age 3

Session 1

Thursday	4:15-5:00PM	2/4-3/11	AC	$96/$128NR
Saturday	9:15-10:00AM	2/6-3/13	AC	$96/$128NR
Saturday	11:15-12:00PM	2/6-3/13	AC	$96/$128NR

Session 2

Thursday	4:15-5:00PM	3/25-5/13	AC	$128/$171NR
Saturday	9:15-10:00AM	3/27-5/15	AC	$128/$171NR
Saturday	11:15-12:00PM	3/27-5/15	AC	$128/$171NR

Little Dancer 2 Ballet/Tap Combo

Students ages 4 & 5 will learn basic techniques and establish a solid foundation in both ballet and tap, as well as learn proper classroom etiquette. In this class, students will use fun props, move to age-appropriate music, and experience storytelling. They will gain a sense of joy and accomplishment as they explore the world of dance. Must be 4 years old prior to the first class. **This class does not participate in the spring recital.**

Age 4-5

Session 1

Thursday	5:15-6:00PM	2/4-3/11	AC	$96/$128NR
Saturday	10:15-11:00AM	2/6-3/13	AC	$96/$128NR

Session 2

Thursday	5:15-6:00PM	3/25-5/13	AC	$128/$171NR
Saturday	10:15-11:00AM	3/27-5/15	AC	$128/$171NR

MINI DANCE

Build on a child's love of movement while introducing basic dance skills in a fun, supportive setting. Dancers improve coordination, strength, flexibility, and rhythm while learning teamwork, focus, and confidence. Through music and age-appropriate choreography, kids stay active, express themselves, and develop skills that support both physical fitness and personal growth.

Mini Ballet*

Ballet training is a fantastic foundation for many forms of dance. Students will learn classical ballet technique, graceful movement, and ballet terminology. Each class includes barre work, center practice, and across-the-floor exercises. ****This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/16, 3/17)

Age 6-8

Tuesday	4:30-5:25PM	2/2-5/11	AC	$240/$320NR
Wednesday	6:00-6:55PM	2/3-5/12	AC	$240/$320NR

Mini Jazz/Tap Combo*

Offers the ability to experience both jazz and tap dance. Jazz class emphasizes musicality, body alignment, conditioning, and stretching all while learning turns, leaps, and other technical skills. The tap portion of the class will teach the fundamentals of tap and expand to different rhythms and patterns as students progress. ****This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/15)

Age 6-8

Monday	6:00-6:55PM	2/1-5/10	AC	$240/$320NR

Mini Hip Hop*

An energetic class that teaches a wide range of street styles including locking, popping, transitions, and jazz fusion. This class will help students develop rhythm, coordination, and style as well as learn fun choreography and explore freestyle movement. ****This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.***
(No class 3/17-3/20)

Age 6-8

Wednesday	4:15-5:00PM	2/3-5/12	AC	$240/$320NR
Thursday	6:00-6:45PM	2/4-5/13	AC	$240/$320NR
Saturday	12:15-1:00PM	2/6-5/15	AC	$240/$320NR



DANCE

JUNIOR DANCE

A dynamic blend of technique, creativity, and fun as dancers continue to grow their skills. Participants build strength, flexibility, coordination, and musicality while gaining confidence, discipline, and teamwork. With structured choreography and supportive instruction, dancers stay active, express themselves, and develop skills that carry into dance and everyday life.

Junior Ballet*

Ballet training is a fantastic foundation for many forms of dance. Students will learn classical ballet technique, graceful movement, and ballet terminology. Each class includes barre work, center practice, and across-the-floor exercises. ***This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/15)

Age 9-11

Monday	7:00-7:55PM	2/1-5/10	AC	$240/$320NR

Junior Jazz/Tap Combo*

Offers the ability to experience both jazz and tap dance. Jazz class emphasizes musicality, body alignment, conditioning, and stretching all while learning turns, leaps, and other technical skills. The tap portion of the class will teach the fundamentals of tap and expand to different rhythms and patterns as students progress. ***This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/16)

Age 9-11

Tuesday	5:30-6:25PM	2/2-5/11	AC	$240/$320NR

Junior Hip Hop*

An energetic class that teaches a wide range of street styles including locking, popping, transitions, and jazz fusion. This class will help students develop rhythm, coordination, and style as well as learn fun choreography and explore freestyle movement. ***This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/18)

Age 9-11

Thursday	6:45-7:30PM	2/4-5/13	AC	$240/$320NR

Junior Lyrical*

NEW

Lyrical dance is a style that uses music with lyrics as inspiration to convey emotion through dance. Dancers will explore movement using ballet and jazz techniques. ***This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/17)

Age 9-11

Wednesday	5:15-6:00PM	2/3-5/12	AC	$240/$320NR



PRE-TEEN DANCE

Special care is given to creating a positive, age-appropriate experience. A supportive environment provides the perfect balance of skill development, creativity, and self-expression while recognizing the importance of belonging..

Pre-Teen Ballet*

Ballet training is a fantastic foundation for many forms of dance. Students will learn classical ballet technique, graceful movement, and ballet terminology. Each class includes barre work, center practice, and across-the-floor exercises. ****This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/17)

Age 12-13

Wednesday	6:45-7:40PM	2/3-5/12	AC	$240/$320NR

Pre-Teen Hip Hop*

An energetic class that teaches a wide range of street styles including locking, popping, transitions, and jazz fusion. This class will help students develop rhythm, coordination, and style as well as learn fun choreography and explore freestyle movement. ****This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/18)

Age 12-13

Thursday	7:30-8:15PM	2/4-5/13	AC	$240/$320NR

Pre-Teen Lyrical*

Lyrical dance is a style that uses music with lyrics as inspiration to convey emotion through dance. Dancers will explore movement using ballet and jazz techniques. ****This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/16)

Age 12-13

Tuesday	6:00-6:45PM	2/2-5/11	AC	$240/$320NR

TEEN DANCE

An opportunity to grow skills, confidence, and creativity in a supportive environment. Build strength, flexibility, coordination, and musicality while learning choreography and exploring self-expression.

Teen Hip Hop*

An energetic class that teaches a wide range of street styles including locking, popping, transitions, and jazz fusion. This class will help students develop rhythm, coordination, and style as well as learn fun choreography and explore freestyle movement. ****This class participates in recital and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/16)

Age 14-17

Tuesday	6:45-7:30PM	2/2-5/11	AC	$240/$320NR



DANCE

ACRO

Acrobatic dance (Acro) is the beautiful fusion of classical dance technique with the precision and athleticism of acrobatic elements.

Beginner Acro*

Acrobatic dance (Acro) is the beautiful fusion of classical dance technique with the precision and athleticism of acrobatic elements. Students will safely learn handstands, chin stands, rolls, bridges, cartwheels, splits, and progress to walkovers. Must turn 6 before first class. ***This class participates in recital, and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/17)

Age 6-14

Wednesday	4:15-5:10PM	2/3-5/12	AC	$240/$320NR

Intermediate Acro*

Dancers must have the following skills and complete an evaluation by instructor to enroll: bridge recover, bridge kickover, solid cartwheel, forward roll, and backward roll. Please contact dance coordinator at 913-685-6024 to schedule an evaluation. Must turn 6 before first class. ***This class participates in recital, and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/17)

Age 6-14

Wednesday	5:15-6:10PM	2/3-5/12	AC	$240/$320NR

Advanced Acro*

Dancers must have the following skills and complete evaluation by instructor to enroll: clean front and back walkover, one- handed cartwheel, and handstand. Please contact dance coordinator at 913-685-6024 to schedule an evaluation. Must turn 6 before first class. ***This class participates in recital, and will have an $85 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/17)

Age 6-14

Wednesday	5:15-6:40PM	2/3-5/12	AC	$360/$480NR

SPECIALITY DANCE

Bring imaginative adventures to life through movement, music, games, and creative activities.

Day of Dance

Dancers will have a great time crafting, dancing, and making a story come to life on each themed day!

Dance Mode Day – Age 4-6

Wednesday	10:30-11:30AM	5/26	AC	$25/$34NR

K-Pop Dance Day – Age 7-9

Wednesday	2:00-3:00PM	5/26	AC	$25/$34NR

Princess Dance Camp

Make your favorite princesses' story come to life! Each day dancers will enjoy story time, dancing, crafting, and other fun princess activities! Join us in the dance room at the end of the last day for a short performance!

Age 4-6

Mon/Tue/Wed	10:00AM-12:00PM	3/15-3/17	AC	$108/$144NR

Home School Dance Day

Do you have a home school group age 6-12 that would like to learn to dance? Contact the dance coordinator at 913-685-6025 to schedule a special class tailored to your group's needs!



ADULT DANCE

A great way to stay in shape while having fun. Classes include basic instruction and choreography for dancers of all levels and experience.

Adult Ballet

Learn the classic art of ballet while improving strength, flexibility, and balance. Class includes basic barre work, stretching, and movement across the floor. Great for beginners or those renewing a lost passion. **These classes do not participate in the spring recital.**

Age 18 and up

Session 1

Wednesday	12:00-12:55PM	2/3-3/10	AC	$96/$128NR
Wednesday	7:15-8:10PM	2/3-3/10	AC	$96/$128NR

Session 2

Wednesday	12:00-12:55PM	3/24-5/12	AC	$128/$171NR
Wednesday	7:15-8:10PM	3/24-5/12	AC	$128/$171NR

Adult Ballet Recital Class*

Learn the classical art of ballet! Classes will include barre work, stretching, center steps, and movement across the floor. In addition, this class will learn a choreographed ballet piece to be performed in the spring dance recital. ****This class participates in recital and will have a $95 costume fee that will include costume, tights, and a t-shirt.*** (No class 3/18)

Age 18 and up

Thursday	7:00-8:15PM	2/4-5/13	AC	$300/$400NR

Beginner Adult Tap

Put on a pair of tap shoes and explore the sounds and rhythms unique to this style of dance. Learn tap vocabulary, rhythm, timing, basic steps, and progress to more difficult steps when ready. **These classes do not participate in the spring recital.**

Age 18 and up

Session 1

Monday	7:00-7:45PM	2/1-3/8	AC	$96/$128NR
Tuesday	11:30-12:15PM	2/2-3/9	AC	$96/$128NR

Session 2

Monday	7:00-7:45PM	3/22-5/10	AC	$128/$171NR
Tuesday	11:30-12:15PM	3/23-5/11	AC	$128/$171NR



ENRICHMENT



What is Enrichment?

Enrichment classes extend learning through new experiences and opportunities and provide a rounded, culturally rich education through activities that enhance our learning. Classes are designed with age-specific activities so everyone has fun while trying new things.

Benefits for kids

- Opportunities to try a variety of unique activities.
- Develops character, resilience, and motivation.
- Encourages the pursuit of wider goals.
- Appreciation for teamwork.

And we didn't forget about the adults. Our Adult Enrichment section has informational classes as well as hobby and interest activities. The best part is we provide most supplies and we clean up the mess.

Benefits for adults

- Keeps you active.
- Fosters social connections.
- Preserves cognitive health.
- Boosts purpose and meaning to life.

Partner with Us!

Do you have an idea for a class or activity? We are always on the hunt for community partners to offer fun and unique opportunities. If you are interested in teaching a class or camp, please let us know at mstarks@bluevalleyrec.org.

Fall Guide
Proposals due in April

Winter/Spring Guide
Proposals due in August

Summer Guide
Proposals due in October

Enrichment Refund Policy

A full refund will be granted to those who cancel or withdraw from most enrichment programs four (4) business days prior to the start date. You will be accessed a $10 processing fee when cancelling less than four (4) business days defined as Monday-Friday), with the following exception: A pro-rated refund may be granted (less the $10 processing fee) if no more than half of the program dates have been held. No refund will be issued when more than half of the program dates have been held or the program has ended.

PRESCHOOL

Jumpstart learning and spark curiosity through hands-on activities to build essential skills like motor development, learning concepts, and listening.

Paint, Glaze & Fire Paint Me A Story

Perfect for kids to share with mom, dad, grandparents, or a special friend. Enjoy listening to a story and painting. Pottery pieces are ready for pickup in 10-14 days. Fee includes all supplies and a snack. *Offered in partnership with Paint, Glaze & Fire Studio.*

Age 2-6

If You Give a Moose a Muffin

Friday	10:30-11:30AM	1/8	PGF	$17

Please, Mr. Panda

Friday	10:30-11:30AM	1/22	PGF	$17

Little Blue Truck's Valentine

Friday	10:30-11:30AM	2/5	PGF	$17

I'll Love You 'Till the Cows Come Home

Friday	10:30-11:30AM	2/19	PGF	$17

If You Give a Cat a Cupcake

Friday	10:30-11:30AM	3/5	PGF	$17

Curious George Makes Pancakes

Friday	10:30-11:30AM	3/19	PGF	$17

The Mess Monster

Friday	10:30-11:30AM	4/2	PGF	$17

The Pout-Pout Fish

Friday	10:30-11:30AM	4/16	PGF	$17

The Very Hunger Caterpillar

Friday	10:30-11:30AM	4/30	PGF	$17

Dragons Love Tacos

Friday	10:30-11:30AM	5/14	PGF	$17

The Watermelon Seed

Friday	10:30-11:30AM	5/28	PGF	$17



Mad Science Preschool Science

Please provide two healthy nut-free snack plus a water bottle for your child.

Clues, Crimes, and Culprits

Oh NO! The Mad Science monkey is missing! Will you help us figure out where the monkey is? How did he get out? And what is he up to? Join the Mad Science crew as we gather the evidence from the crime scene and take it back to the lab to analyze it. As the week goes on, we will use chemistry, forensic science, physics, and biology to solve the crime. Blood typing, DNA examination, and pH testing are only a few of the scientific tests our young sleuths will get to participate in. Each Jr. Mad Scientist will get a lab coat, magnifying glass, and a case notebook to keep at the end of the week.

Age 5-7

Monday-Friday	9:00AM-12:00PM	3/15-3/19	AC	$180

Outdoor Explorers

This Monday morning camp offers young children ages 4-6 an exciting introduction to basic environmental science. Each session is devoted to different aspects of the Outdoors, allowing children to progressively enrich their understanding of how living things grow and how they interact with the environment around them. During each 3-hour session, children will perform hands-on experiments, play themed games, and enjoy stories related to the theme for that day. A mural will grow through the course of the program as children illustrate their latest discoveries at the end of the session.

Age 4-6

Monday	9:00AM-12:00PM	3/29-4/26	AC	$180

Racing Rainbow

Ready. Set. Paint. Enjoy engaging in process art as you create colorful patterns using paint and toy cars. This fun and creative experience will allow participants to make art that is truly unique and explore different sensory activities. Adult participation required.

Age 2-5 with participating adult

Monday	9:00-10:00AM	1/11	AC	$5
Monday	9:00-10:00AM	2/22	AC	$5

Creatures & Colors

Enjoy engaging in process art as you create colorful patterns using paint and toy animals. This fun and creative experience will allow participants to make art that is truly unique and explore different sensory activities. Adult participation required.

Age 2-5 with participating adult

Friday	9:00-10:00AM	3/5	AC	$5
Friday	9:00-10:00AM	4/9	AC	$5

ENRICHMENT

Fairy Wings & Glitter

In this workshop we'll create pixie necessities such as wands and wings. Using your imagination, we will also create your very own fairy garden to take home!

Age 3-6

Monday	10:00-11:30AM	2/15	AC	$25

Jurassic Jungle Creations

Dinosaur lovers will create their own dino feet to wear and a fossil! We will also create our own dinosaur jungle garden to take home!

Age 3-6

Monday	10:00-11:30AM	4/19	AC	$25

Lil Bit Sports Series

Recreational sports clinics provide a great way to introduce kids to a variety of activities that encourage an active healthy lifestyle. Instructors will provide a safe, positive environment for kids to work on new skills. Good sportsmanship and team building are emphasized.

Age 3-5

Lil Bit Intro to Soccer

Tuesday	10:00-10:45AM	4/13-4/27	RC	$45

Lil Bit Intro to Tuesday-Ball

Friday	10:00-10:45AM	4/16-4/30	SC	$45



Lil Bit Makers Craft Series

These craft and exploration classes will be a great way for your little one to have fun while being creative by trying new things! We will have different crafts and sensory activities for each class. Adult participation is required.

Age 3-5

Winter Craft

Friday	9:00-9:45AM	1/8	AC	$25
Friday	9:00-9:45AM	1/15	AC	$25
Friday	9:00-9:45AM	1/22	AC	$25

Valentine's Craft

Friday	9:00-9:45AM	2/5	AC	$25
Friday	9:00-9:45AM	2/19	AC	$25

Spring Craft

Friday	9:00-9:45AM	3/5	AC	$25
Friday	9:00-9:45AM	3/26	AC	$25

Flower Craft

Friday	9:00-9:45AM	4/2	AC	$25
Friday	9:00-9:45AM	4/9	AC	$25
Friday	9:00-9:45AM	4/23	AC	$25

Sunshine Craft

Friday	9:00-9:45AM	5/14	AC	$25

Parent & Me Mini Horse Camp

We will have fun learning all about horses. We will take a tour of the barn and get to see all the animals. Then groom, lead and ride horses (child rides -parents walk). We will end camp with a craft and game. Camp held rain or shine. Fee is per parent/child combo.

Age 3-6

Saturday	1:00-2:30PM	1/23	HH	$60
Saturday	1:00-2:30PM	2/27	HH	$60
Saturday	1:00-2:30PM	3/27	HH	$60
Saturday	1:00-2:30PM	4/24	HH	$60
Saturday	1:00-2:30PM	5/22	HH	$60



YOUTH

Designed to spark creativity and build confidence through hands-on learning. Kids explore new ideas and activities that develop important life skills that help them grow both socially and emotionally.

Art with Marina Laser

A member of our team since 2005, this professional artist holds a BA in graphic design.

Spring Break Whimsical Art Camp

Have fun creating colorful, original art by painting, collage, printing, and sculpture. Be inspired by art of various artists.

Age 5-12

Monday-Friday	10:30AM-12:30PM	3/15-3/19	AC	$125

Spring Break Soft Animal Sculpture Camp

Create original designs for soft animals to cut out, hand sew, stuff, and add accessories.

Age 5-12

Monday-Friday	1:30-3:30PM	3/15-3/19	AC	$125

Kids Night Out at PG&Friday

Perfect event for you to drop your kids off or to stay and paint! Enjoy this is an instructed Canvas painting class while eating popcorn and watching a movie! Fee includes all supplies, popcorn, and a movie. Offered in partnership with Paint Glaze & Fire studio. Hummmm, what can you do with a kid-free time on a Friday night?

Age 5-12

Friday	6:00-7:30PM	1/22	PGF	$30
Friday	6:00-7:30PM	2/26	PGF	$30
Friday	6:00-7:30PM	3/26	PGF	$30
Friday	6:00-7:30PM	4/23	PGF	$30
Friday	6:00-7:30PM	5/28	PGF	$30

Knight School Chess Team

Beginners welcome! Specifically targets elementary-age students with fast chess clocks, collecting colorful silicone wristbands, zany movies, fun chess tourneys, tactics curriculum, and a great, fun spirit that kids love. This is a semester-long class and includes a chess set with first enrollment. (No class 3/18, 3/19)

Age 6-13

Thursday	6:00-7:15PM	1/14-5/13	AC	$510
Friday	6:00-7:15PM	1/15-5/14	AC	$510

(10% discount for returning students)

Horseback Riding

Foundations 1

Getting to know horses at HH! Foundations 1 is designed for students who are new to horses and riding. We will be doing unmounted activities during this level. Students will build a strong foundation of confidence, horse knowledge, and safety before getting in the saddle.

Age 5-7

Friday	5:00-6:00PM	1/8-1/29	HH	$160
Friday	5:00-6:00PM	2/5-2/26	HH	$160
Friday	5:00-6:00PM	3/5-3/26	HH	$160
Friday	5:00-6:00PM	4/2-4/23	HH	$160
Friday	5:00-6:00PM	5/7-5/28	HH	$160
Saturday	9:00-10:00AM	1/9-1/30	HH	$160
Saturday	9:00A-10:00A	2/6-2/27	HH	$160
Saturday	9:00A-10:00A	3/6-3/27	HH	$160
Saturday	9:00A-10:00A	4/3-4/24	HH	$160
Saturday	9:00A-10:00A	5/1-5/22	HH	$160

Ages8-12

Tuesday	6:30-7:30PM	1/5-1/26	HH	$160
Tuesday	6:30-7:30PM	2/2-2/23	HH	$160
Tuesday	6:30-7:30PM	3/2-3/30	HH	$160
Tuesday	6:30-7:30PM	4/6-4/27	HH	$160
Tuesday	6:30-7:30PM	5/4-5/25	HH	$160
Friday	6:30-7:30PM	1/8-1/29	HH	$160
Friday	6:30-7:30PM	2/5-2/26	HH	$160
Friday	6:30-7:30PM	3/5-3/26	HH	$160
Friday	6:30-7:30PM	4/2-4/23	HH	$160
Friday	6:30-7:30PM	5/7-5/28	HH	$160
Saturday	11:00AM-12:00PM	1/9-1/30	HH	$160
Saturday	11:00A-12:00PM	2/6-2/27	HH	$160
Saturday	11:00A-12:00PM	3/6-3/27	HH	$160
Saturday	11:00A-12:00PM	4/3-4/24	HH	$160
Saturday	11:00A-12:00PM	5/1-5/22	HH	$160

Just Horsin' Around

Come join us for a fun-filled class where kids can learn, play, explore, and just horsin' around! Just Horsin' Around is designed to give kids a fun and engaging experience with horses through a variety of hands-on activities. This class is about more than just riding—it's about building confidence, learning how to safely interact with horses, and creating fun memories along the way!

Age 5-8

Tuesday	5:00-6:00PM	1/5-1/26	HH	$160
Tuesday	5:00-6:00PM	2/2-2/23	HH	$160
Tuesday	5:00-6:00PM	3/2-3/30	HH	$160
Tuesday	5:00-6:00PM	4/6-4/27	HH	$160
Tuesday	5:00-6:00PM	5/4-5/25	HH	$160

ENRICHMENT

Horseback Riding (continued)

All Day Horse Camp

We will have a great day learning all about horses. Students will groom, learn about horse tack, lead and ride horses. Dress for the weather, camp is held rain or shine. Pack a snack and a water bottle.

Age 6-14

Monday	9:00AM-3:00PM	1/4	HH	$150

Presidents Day Horse Camp

We will have a great day learning all about horses and other barn animals. Students will groom, learn about horse tack, lead and ride horses. Dress for the weather, camp is held rain or shine. Pack a snack, lunch and a water bottle.

Age 6-14

Monday	9:00AM-3:00PM	2/15	HH	$150

Spring Break Camp

We will have a great week learning all about horses and other barn animals. Students will groom, learn about horse tack, lead and ride horses. Dress for the weather, camp is held rain or shine. Pack a snack and water bottle.

Age 6-14

Monday-Friday	8:30AM-12:00PM	3/15-3/19	HH	$375

3-Day Summer Kick Off

Start your summer off with all things horse. This camp is focused on equine fundamentals – from grooming to riding- and everything in between. This camp is beginner friendly and will also challenge campers who have equine experience.

Age 6-14

Wednesday-Friday	9:00AM-12:00PM	5/26-5/28	HH	$225
Wednesday-Friday	1:00-4:00PM	5/26-5/28	HH	$225



Crochet Classes

NEW

All supplies are included. Instructor Meg is a Certified Crochet Teacher and designer of Meg's Crochet Tales with over 10 years of experience.

Youth Beginner Crochet

This class is for Absolute Beginners. Students will learn about different types of yarn and crochet hooks, how to create a slip knot, and foundational crochet techniques. The class will cover basic stitches, including single crochet, half double crochet, and double crochet, as well as how to crochet in rows and rounds. Participants will also learn how to change colors, weave in ends neatly, and read crochet patterns. As skills develop, students will apply what they've learned by creating a variety of practical and fun projects, such as a backpack charm, bookmark, coasters, and a scarf. By the end of the course, students will have completed several handmade items and gained foundational skills in crochet.

Age 9-13

Friday-Sunday	2:00-4:00PM	1/29-1/31	AC	$95
Friday-Sunday	2:00-4:00PM	2/12-2/14	AC	$95
Friday-Sunday	2:00-4:00PM	4/16-4/18	AC	$95

Parent & Child Crochet: Valentine Heart Garland

Celebrate Valentine's Day with a fun and creative parent/child crochet workshop! Participants will learn to crochet a charming heart garland using simple stitches and techniques in a relaxed, beginner-friendly environment. No prior crochet experience is required. Students will learn how to crochet in rounds and create hearts using single crochet, double crochet, and treble crochet stitches. They will also learn basic decreases and finishing techniques before assembling their hearts into a festive Valentine's Day garland. This workshop is designed as a creative experience for an adult and child to learn, crochet, and create together. Each pair will leave with a handmade Valentine heart garland to take home.

Age 9 and up with adult

Sunday	2:00-5:00PM	2/7	AC	$60

Parent & Child Crochet: Mini Easter Bunny Ears Basket

Create an adorable Mini Easter Bunny Ears Basket together in this fun, hands-on, beginner-friendly parent and child crochet workshop! No prior crochet experience is required. Participants learn basic crochet techniques, how to crochet onto a plywood basket base, the waistcoat stitch, and simple finishing techniques. Each pair will leave with a handmade Easter basket that is perfect for Easter treats, small toys, or springtime décor.

Age 9 and up with adult

Saturday	2:00-5:00PM	3/6	AC	$60

Challenge Island©

When school is out, STEAM is in with the World's #1 STEAM program! Inspired by everything kids love most; our epic camp adventures are vacations in their own right!

Island Adventure Spring Break Camp

Challenge Island presents Island Adventure Spring Break camp! Join us as we conquer challenges from our favorite CI islands! From Believe it or Not Island to Awesomesauce Island to Slimetopia Polymer Island, you and your STEAM Team will go on an unforgettable adventure without ever leaving the classroom!

Age 6-11

Monday-Friday	9:00AM-12:00PM	3/15-3/19	AC	$180

Best of Slimetopia Spring Break Camp

Slimetopia by Challenge Island presents our first ever Best of Slimetopia camp! You'll spend the week mixing, stretching and squishing some of our favorite recipes like glow in the dark, Boba Tea and even Hot Dog slime! Note: come prepared to get messy!

Age 7-11

Monday-Friday	1:00-4:00PM	3/15-3/19	AC	$210



ENRICHMENT

Snapology

Snapology's STEAM programs teach through building. Using LEGO® bricks, K'Nex and technology, kids have fun while they learn. Choose to attend just a morning camp, just an afternoon camp, or enroll in both camps for a full-day experience.

Age 5-12

Jedi Masters

Calling all young Padawans! Are you ready to master the Force? In this Star Wars®-inspired adventure, you'll train like a true Jedi, using your master-building skills to explore the galaxy! Construct battle drones, design epic AT-Walkers, and—if your skills are strong enough—build your very own LEGO® brick lightsaber for an epic duel! With teamwork, creativity, and the Force on your side, you'll rise through the Jedi ranks and become a legend. May the bricks be with you!

Friday	9:00AM-12:00PM	1/29	AC	$45

Ninjas

Unleash your inner ninja and get ready for an action-packed adventure at Snapology! Using LEGO® bricks, kids will build incredible dojos, powerful dragons, and awesome ninja creations! Along the way, they'll train like true ninjas with agility challenges, exciting games, and activities that test their strength, focus, and strategy. Get ready for a camp packed with creativity, teamwork, and nonstop ninja fun!

Friday	12:30-3:30PM	1/29	AC	$45

Jedi Masters & Ninjas Full-Day Camp

Take part in both Jedi Masters and Ninjas with the full-day camp!

Friday	9:00A-3:30P	1/29	AC	$75

Valentine's Day Make & Take

Snapology's Valentine's Day Make & Take Workshop is full of festive fun! Kids will build Valentine-themed creations with LEGO® bricks, play games, make a special take-home craft, and design their own LEGO® brick-inspired Valentine's cards for their loved ones. It's a creative and heart-filled way to celebrate!

Friday	9:00AM-12:00PM	2/12	AC	$45

Trolls

Get ready for a colorful adventure filled with music, laughter, and LEGO brick building fun! Inspired by the world of Trolls™, kids will bring their favorite characters and scenes to life, take on exciting building challenges, play fun games, and let their imaginations run wild! With creativity, teamwork, and plenty of Troll-tastic surprises, this Valentine's workshop is all about friendship, fun, and building something awesome!

Friday	12:30-3:30PM	2/12	AC	$45

Valentine's Day Make & Take and Trolls – Full-Day Camp

Take part in both Valentine's Day Make & Take and Trolls with the full-day camp!

Friday	9:00AM-3:30PM	2/12	AC	$75

Movie Mania

Everything is awesome when you're a Master Builder! Inspired by The LEGO® Movie, this action-packed workshop takes kids on an exciting adventure filled with creativity, imagination, and building fun! Using LEGO® bricks, kids will bring their favorite characters and scenes to life, tackle exciting engineering challenges, and work together to build their way through awesome adventures. With hands-on building, teamwork, and plenty of movie-inspired fun, this workshop is perfect for every future Master Builder!

Friday	9:00AM-12:00PM	2/26	AC	$45

Wonderful Wizards

Brick wands at the ready it's time for a magical adventure! Step into a world of spells, potions, and enchanted castles in Snapology's Wonderful Wizards Camp! Inspired by Harry Potter® and other legendary wizards, campers will build their own Hogwarts-style castles, design magical rooms, and even take part in a magical sorting ceremony. With creativity as their guide, they'll craft their own coat of arms and dream up spellbinding creations—bringing the wizarding world to life one LEGO® brick at a time!

Friday	12:30-3:30PM	2/26	AC	$45

Movie Mania & Wonderful Wizards Full-Day Camp

Take part in both Movie Mania and Wonderful Wizards with the full-day camp!

Friday	9:00AM-3:30PM	2/26	AC	$75

Brick City

Does your builder love creating awesome buildings and cool cities with LEGO® bricks? Then this is the perfect workshop for your future architect or city planner! In this hands-on experience, we'll design skyscrapers, parks, bridges, and more—while learning how to plan, build, and work together like real pros. Get ready to build the city of your dreams!

Monday	9:00A-12:00P	3/22	AC	$45

Superheros

Calling all superheroes! Suit up and get ready for an action-packed adventure! In this camp, kids will design their own superheroes, build epic battle scenes, and create legendary showdowns using LEGO® bricks. Whether you're saving the city or taking on a team of supervillains, this is your chance to bring your comic book dreams to life. Who knows—you might even discover some hidden superpowers along the way!

Monday	12:30-3:30PM	3/22	AC	$45

Brick City & Superheros – Full-Day Camp

Take part in both Brick City and Superheros with the full-day camp!

Monday	9:00AM-3:30PM	3/22	AC	$75

Super Block Brothers

Step into a world inspired by the world of Mario and his friends and discover your inner hero! In this fun, hands-on workshop, you'll build creative models like racing karts, coin challenges, and exciting gaming worlds brought to life with LEGO bricks. Imagine your own action-packed journey as you race, collect, and conquer each level brick by brick. With engaging challenges, you'll stretch your imagination, solve problems, and boost your engineering skills—game on!

Friday	9:00AM-12:00PM	4/16	AC	$45

Mining & Building

Hey gamers! Are you ready to travel all the way to The End with Snapology? Join us as we bring the world of Minecraft off the screen and into real life—using LEGO bricks! In this adventure-packed program, you'll use your imagination to build your own worlds filled with mobs, animals, buildings, and even your very own LEGO mining and building character.

Friday	12:30-3:30PM	4/16	AC	$45

Super Block Brothers & Mining & Building Full-Day Camp

Take part in both Super Block Brothers and Mining & Building with the full-day camp!

Friday	9:00AM-3:30PM	4/16	AC	$75



ENRICHMENT

Mad Science©

The leading science enrichment provider for children in grades K-6, delivering unique, hands-on science experiences to children. Each Jr. Scientist is to bring two healthy snacks, one lunch and water bottle. Be sure the snacks and lunch are nut-free.

Birds and Beasts

Where do owls live and what do they eat? How do some bugs walk on water? These questions and more will be answered with a walk on the wild side of things to explore owls, birds and all kinds of bugs. Build your own birdhouse and participate in a territory and a food chain game following the rigid rules of nature. Finally, study insect life cycles and behavior by building your own tiny bug house.

Age 7-12

Friday	9:00AM-4:00PM	1/29	AC	$65

Earth Awareness

Discover how science will help us protect our planet. Children will understand the basics of water pollution, acid rain and the benefits of solar energy.

Age 7-12

Thursday	9:00AM-4:00PM	2/11	AC	$65

Nature

Discover the world outdoors by using microscopes to investigate plants, animals and insects. Create cool tie-dye designs using nature's beautiful colors, and play the role and develop the skills of a naturalist tracking animals in the wild.

Age 7-12

Monday	9:00AM-4:00PM	2/15	AC	$65

The Organ Trail

Investigate the insides of Tall Paul. Learn about the digestive process and take home edible excrement.

Age 7-12

Monday	9:00AM-4:00PM	3/22	AC	$65

Science of Sport

Check out how science has helped us understand sports and performance. Investigate everything from why your toes are important, the role of chemistry in your blood, to the capacity of your lungs. And what's this? Physics is part of baseball, football and even acrobatics! It's all about energy transfer, gravity and forces we explore in this full day of fun science.

Age 7-12

Friday	9:00AM-4:00PM	4/16	AC	$65

Brixology

Brixology Camp by Mad Science sets the foundation for our next generation of makers! Learn about the exciting field of engineering as a Mad Scientist guides you and your team to accomplish engineering-themed projects using LEGO® bricks. Step in the shoes of an aerospace engineer while assembling a space station and delve into the physics of carnival rides, structural basics of bridges and nature's very own engineering marvels.

Age 7-12

Monday-Friday	1:30-4:30PM	3/15-3/19	AC	$180



Right Brain Enrichment

NEW

LEGO Adventures

Get ready for a new building challenge each week! In this creative class, kids design and build everything from skyscrapers and bridges to zoos and imaginative worlds using a huge assortment of LEGO bricks. Along the way, students explore simple ideas from architecture and engineering while planning, building, and improving their creations in a fun, hands-on environment that encourages creativity, problem-solving, and pride in their work.

Age 6-11

Friday	4:30-5:30PM	1/22-2/26	AC	$186

Hands-On-Science Lab

Explore, experiment, and discover! Kids build and test exciting projects like paper airplanes, rubber band instruments, and simple catapults while learning how things move, sound, and work. Each session features playful challenges where students try ideas, see what happens, and improve their designs in an engaging setting that makes science feel fun, approachable, and real.

Age 6-11

Friday	5:30-6:30PM	1/22-2/26	AC	$186

Shark Tank Jr: Build & Pitch Your Idea

Turn your ideas into reality! Kids invent their own products—like games, gadgets, or creative solutions—then build simple prototypes, design stores, and create commercials to bring their ideas to life. Students also develop and practice short pitches, sharing their inventions with the group in a supportive, engaging setting that builds confidence, creativity, and communication skills.

Age 7-12

Saturday	9:00-10:00AM	1/23-2/27	AC	$186

The Art Studio: Inspired by Famous Artists

Create your own artwork inspired by famous artists! In this colorful class, kids explore styles from artists like Picasso, Kahlo, and van Gogh while creating their own original pieces each week. Students experiment with bold colors, unique techniques, and imaginative ideas in a welcoming studio setting that encourages creativity, self-expression, and confidence.

Age 7-12

Saturday	10:00-11:00AM	1/23-2/27	AC	$186

LEGO Challenges

Take on a new LEGO challenge every week! In this fast-paced class, kids design and build creative projects—like rescue vehicles, space missions, and imaginative scenes—while working individually or in teams to beat the clock. After each challenge, students share their creations and ideas with the group, building confidence and communication skills in a fun, low-pressure setting.

Age 7-12

Friday	4:30-5:30PM	3/26-4/30	AC	$186

Story Makers

In Story Makers, students become authors, creating original characters, exciting plots, and imaginative worlds of their own. From dragons and superheroes to mysteries and everyday adventures, kids explore the building blocks of storytelling, including character development, dialogue, setting, and conflict. With guidance from Right Brain Curriculum instructors, students turn their creative ideas into stories while building writing skills, confidence, and self-expression. By the end of the program, young writers will have original stories they're proud to share and the inspiration to keep writing!

Age 7-12

Friday	5:30-6:30PM	3/26-4/30	AC	$186

Speak Up! Public Speaking for Kids

Build confidence and find your voice! Kids play improv-style games, share ideas on topics they love (like Pokémon or Roblox), and practice speaking in a relaxed, supportive setting. Students also create fun projects like mini newscasts and short presentations, helping them become more comfortable speaking in front of others while having a great time.

Age 7-12

Saturday	9:00-10:00AM	3/27-5/1	AC	$186

LEGO Architecture Lab: Design & Build Skyscrapers

Design and build your own LEGO skyscrapers! Kids take on fun "client" challenges—like designing a tower for a sports team, company, or city—while planning, building, and refining their ideas using a wide range of LEGO bricks. Along the way, students explore how real buildings are designed and work together to turn their ideas into strong, imaginative creations.

Age 7-12

Saturday	10:00-11:00AM	3/27-5/1	AC	$186

ENRICHMENT

ADULT

Learning doesn't stop with age, rather it grows with you! Step away from the daily routine and rediscover the fun of learning new skills, laughing with others, and chasing passions without limits. Life is better when curiosity leads the way.

Learn to Play Mah Jongg

Attend this beginner's class and learn the basics of the game, then stay and play. Soon you will find yourself comfortable and having fun playing with other players. Become one of the million avid social players when you learn the principles of the game. Shelley Clements instructs. Coffee will be provided.

Age 18 and up

Tuesday	6:30-8:30PM	1/26-2/16	AC	$50
Wednesday	9:30-11:30AM	1/27-2/17	AC	$50
Tuesday	6:30-8:30PM	2/23-3/16	AC	$50
Wednesday	9:30-11:30AM	2/24-3/17	AC	$50
Tuesday	6:30-8:30PM	3/23-4/13	AC	$50
Wednesday	9:30-11:30AM	3/24-4/14	AC	$50
Tuesday	6:30-8:30PM	4/20-5/11	AC	$50
Wednesday	9:30-11:30AM	4/21-5/12	AC	$50

Mah Jongg the Next Step

We are excited to offer an opportunity to practice your Mah Jongg skills you learned in the beginners' class. Please bring your current card and a National/American Mah Jongg set if available. Must have completed the beginner's class to participate in this more advanced class. Shelley Clements instructs. Coffee provided.

Age 18 and up

Monday	6:30-8:30PM	1/25-2/15	AC	$50
Monday	6:30-8:30PM	2/22-3/15	AC	$50
Monday	6:30-8:30PM	3/22-4/12	AC	$50
Monday	6:30-8:30PM	4/19-5/10	AC	$50

Drop-in Bridge

Come enjoy an evening of fun and challenging rounds. Each week offers an opportunity to play with a different group in a friendly, social atmosphere. Fee is per person, per night in order of arrival. Coffee will be provided.

Age 18 and up

Monday	5:30-7:30PM	1/4-5/24	AC	$2

Beginning Bridge

If you can count to 13 and you know your hearts from your spades, you can learn to play bridge. Bill Gates and Warren Buffett play bridge, and you can too! Christie Thomas Collier, ACBL accredited teacher, will lead you through this fun eight-week class. Fee includes Audrey Grants' Club Series Bridge.

Age 18 and up

Monday	6:00-8:00PM	1/25-3/15	AC	$80

Bridge Bidding Review

You have just finished beginning bridge lessons, OR are coming back after a break from bridge, and you need a little playing experience. This four-week class will focus on playing the cards. We will review no trump, one of a major suit, one of a minor suit, and competitive bidding. We will have fun!

Age 18 and up

Monday	6:00-8:00PM	4/5-4/26	AC	$40

Learn To Knit

Ready to learn to knit? This beginner-friendly class is perfect for first-time knitters or anyone looking for a refresher course. You'll learn about the different types of yarn, the basics of knitting, including how to cast on and work the knit and purl stitches. If time allows, we'll also learn how to bind off your stitches. Come ready to learn a new skill or brush up on your knitting basics! Supplies to bring: One 6.5 mm circular knitting needle; Bulky weight (Category 5) yarn in a light color to make your stitches easier to see. Stitch markers will be provided.

Ages 12 and up

Monday	1:00-3:00PM	1/4	AC	$30
Wednesday	1:00-3:00PM	1/13	AC	$30
Tuesday	5:30-7:30PM	1/19	AC	$30
Wednesday	1:00-3:00PM	2/10	AC	$30
Tuesday	1:00-3:00PM	2/16	AC	$30
Tuesday	5:30-7:30PM	3/9	AC	$30

Understanding Medicare

Learn what is covered by Medicare Part A, B and D, how to supplement this coverage, and the timelines for enrollment. You will walk away understanding which Medicare coverage is the right fit for you and how to make sure that you are properly enrolled on an ongoing basis. Chris Goodwin of Insurance Pros, Inc. instructs.

Age 50 and up

Tuesday	6:30-8:00PM	1/19	AC	$3
Tuesday	6:30-8:00PM	2/16	AC	$3
Tuesday	6:30-8:00PM	3/9	AC	$3
Tuesday	6:30-8:00PM	4/20	AC	$3
Tuesday	6:30-8:00PM	5/18	AC	$3

AARP Driver Safety

Learn the current rules of the road, defensive driving techniques and how to operate your vehicle more safely in today's increasingly challenging driving environment. Consult your auto insurance agent to see if discounts are available upon completion. Bring your own snack if desired. To receive the AARP member discount, you must call to register and mention the discounted fee of $20 (AARP members receive a $5 discount).

Age 50 and up

Thursday	9:00AM-1:30PM	3/4	AC	$25

Edward Jones Investments

Join us for these classes offered in partnership with Financial Advisor, Tracy Kunkel.

Age 16 and up

Power of Budgeting

We'll explore the power of budgeting, examine wants and needs, and talk about personal spending and savings goals. Many think budgeting equals constraints. But a budget can help put you in control. It is the foundation on which a financial strategy is built. Are you ready to give it a try?

Thursday	6:00-7:00PM	1/7	AC	$3

Outsmart the Scammers

Incidents of financial fraud are on the rise – and are becoming increasingly harder to detect. While no one is immune, there are steps you can take to Outsmart the scammers. Join us for this presentation and learn about the following strategies: How to spot certain red flags that may indicate a fraudulent encounter, resources you can use if you become a victim of fraud, and steps you can take now to protect yourself and your loved ones.

Thursday	6:00-7:00PM	2/4	AC	$3

Foundations of Investing

Building your investor IQ starts with understanding the basics. Whether you are new to investing or want a refresher, our Foundations of Investing presentation will help you learn about: The importance of developing a workable strategy, the impact of asset allocation, and ideas for focusing on what you can control with your finances to achieve financial goals.

Thursday	6:00-7:00PM	3/4	AC	$3

Rules of the Road

Why are some people more successful investors than others? Do they know a secret? Definitely not – because there are no real secrets to investing. But there are rules you can follow as you work toward your goals. Join us for our Rules of the Road presentation. You'll learn: The most common investing mistakes and how to avoid them, investing strategies to help reach your long-term goals, and what you can do to help ensure you stay on track.

Thursday	6:00-7:00PM	4/1	AC	$3

Simplify Your Spending and Saving Strategies

Take control of your financial future. Our Simplify Your Spending and Saving Strategies presentation can help you bring balance to your budget. You'll learn more about: Setting personal financial goals, balancing saving, spending and borrowing to help achieve your goals, strategies for controlling debt and improving credit scores, and oractical savings options for now through retirement.

Tuesday	6:00-7:00PM	5/4	AC	$3

Adult Beginner Crochet

NEW

All supplies are included. Instructor Meg is a Certified Crochet Teacher and designer of Meg's Crochet Tales with over 10 years of experience.

This class is for absolute beginners. Students will learn about different types of yarn and crochet hooks, how to create a slip knot, and foundational crochet techniques. The class will cover basic stitches, including single crochet, half double crochet, and double crochet, as well as how to crochet in rows and rounds. Participants will also learn how to change colors, weave in ends neatly, and read crochet patterns. As skills develop, students will apply what they've learned by creating a variety of practical and fun projects, such as a backpack charm, bookmark, coasters, and a scarf. By the end of the course, students will have completed several handmade items and gained foundational skills in crochet.

Age 18 and up

Monday-Thursday	1:00-3:00PM	2/22-2/25	AC	$110
Monday-Thursday	1:00-3:00PM	3/22-2/25	AC	$110

EVENTS



EVENT REFUND POLICY

100% refund is granted when cancelled 2 business days prior to start of the activity. No refunds will be issued 1 day or less from the start of the event. No refunds will be issued after the event has occurred or for no shows. For aquatic specific events please see aquatics refund policy.

Get Involved!

Many of our events aren't possible without the help of countless volunteers. It's a fun and easy way for you to help us while giving back to the community. Whether you are an individual, a family, or part of a business looking for opportunities for staff - give us a call.

Join these organizations and businesses along with others that have given back to our community by volunteering for Blue Valley Rec events.

• UMB •
• Army Corp of Engineers •
• First Option Bank •
• JCCC National Champions Baseball Team•
• MidAmerica Nazarene Women's Basketball Team •
• National Charity League •
• National Honor Society •
• Prince of Peace •
• Park University Track & Field Team •
• Scouts of America •

Our Event Philosophy

Our special events have something for everyone in your family. From sports to family time to educational, you're sure to enjoy everything we have to offer.

Most events require preregistration, even some of the free events. We do not allow walk-up registration unless otherwise stated.

Refunds are not granted after the event has occurred. Expenses are based on the number of registrations at the time of the event and cannot be adjusted for no shows.

Please pay close attention to the fees. Some events are per person attending while other events have a fee for only that participant.

Should an event need to be cancelled, refunds will be issued the week after.

Candy Cane Hunt

Santa's elves have dropped candy canes all over the sports complex and we need your help finding them! Join us for this unique hunt followed by hot chocolate and a visit from Santa. There will be a special treat waiting for you after collecting your candy canes! This is an outdoor event, so dress for the weather and hunt will go on rain, snow, or shine. The hunt will start at 10:30AM sharp! Preregistration is required and no refunds will be issued once the event has occurred. (Fields 3-4)

Age 2-10 with adult

Saturday	10:30-11:30AM	12/5	SC	$15/child

Noon Year's Eve Celebration

Join us for a spectacular Noon Year's Eve celebration, specially designed for kids! Kick off the party with gymnastics free play and swimming, followed by a craft activity! When the clock strikes noon, get ready for an epic balloon drop and confetti explosion! The moment will be captured with a photo booth, where kids can take snapshots to commemorate this special occasion. Preregistration is required and no refunds will be issued once the event has occurred.

Age 5-12

Thursday	10:00A-12:15PM	12/31	AC	$25/child

Family Bingo Night

Bring the family for a night of BINGO! Prizes awarded for game winners. Preregistration is required. Fee is per person attending the event.

Age 3 and up with adult

Winter Wonderland Bingo

Friday	6:00-7:00PM	2/5	AC	$12/person

Glow Bingo

Friday	6:00-7:00PM	3/19	AC	$12/person

School's Out Bingo

Thursday	6:00-7:00PM	5/27	AC	$12/person

Kids Maker Market

An opportunity to run your own business and sell your hand-crafted items! From set up to sale, you will experience merchandising, selling, and making new friends. You will also experience the financial rewards of hard work as you earn extra money to spend, donate to charity, or save for a rainy day. This event is open free-of-charge to the public for shopping. Vendors should provide their own table and chairs. Commercial wares and food items are not allowed. Items must be in good condition, and you must have adult supervision present. A signed Terms and Conditions agreement must be on file by 1/30 to participate.

Age 5-16 with adult

Saturday	10:00AM-12:00PM	2/6	AC	$10/booth space
Saturday	10:00AM-12:00PM	4/3	AC	$10/booth space

The Pup Egg Hunt

Dogs love egg hunts too! Join us and Brutus Barkery + Bath to sniff out treat filled eggs, along with some fun photo ops! Each dog will collect ten eggs and have a chance to win one of our awesome prizes. Your pup will thank you for this fun time! Preregistration is required and dogs must be on leash at all times.

All ages (16 and under must be with an adult)

Saturday	11:00AM-12:00PM	3/27	SC	$15/dog

The Pup Egg Hunt Take Home Kit

Can't make it to the egg hunt or is your backyard a better space for your pup? Register for The Pup Egg Hunt Take-Home Kit and your pup can still enjoy an egg hunt! You will receive 10 eggs filled with treats along with the same swag bag and goodies from the event. Bags will be required to be picked up at the AC between 3/26-3/30. Feel free to share pictures with us on Facebook or Instagram of your pup sniffing out the eggs! Fee is per kit.

All dogs

Friday-Tuesday	Building hours	3/27-3/30	AC	$15/kit



EVENTS

My First Egg Hunt

Enjoy an egg hunt in the gymnastics gym with your little one while taking advantage of some photo ops and meeting our Easter Bunny! (This event is geared for crawlers). Preregistration is required and no refunds will be issued once the event has occurred.

Age 6-24 months

Friday	12:00-12:55PM	3/26	AC	$15/child

The Egg Explorer's Challenge

Our bunny has set up an Eggs-stravagant scavenger hunt for you to uncover hidden eggs throughout the Sports Complex. Hunt away with the ultimate goal of finding the golden egg! Preregistration is required and no refunds will be issued once the event has occurred.

Age 2-7

Friday	6:30-7:30PM	3/26	SC	$15/child

Flashlight Egg Hunt

Grab a flashlight and basket to help us hunt down the eggs that have been spread across a section of the Sports Complex, IN THE DARK! When the whistle blows, the search begins. This event will start at 8:30PM sharp and will end as soon as all the eggs have been found. Following the hunt, guests will visit the Egg Exchange Store to trade eggs for an egg-cellent treat! Preregistration is required and no refunds will be issued once the event has occurred.

Age 8-13

Friday	8:30PM	3/26	SC	$15/child

Clues & Crew

Test your skills with our unique family scavenger hunt around the park! You will be tasked with completing a series of questions, riddles, puzzles and brainteasers to see if your crew has what it takes! Completing the hunt will enter you into a drawing for a possible prize that night. In addition, we will host multiple Clues and Crew events throughout the year. Each time you complete a hunt you will be entered into our grand prize drawing at the end of the year! Registration is per family/group. Preregistration is required and no refunds will be issued once the event has occurred.

All ages

Thursday	6:30-7:30PM	4/8	SC	$15/family
Friday	6:30-7:30PM	5/21	SC	$15/family

Power Wheels Grand Prix: Spring Showdown

Drivers... Start your engines! We will be transforming the BVRC Sports Complex East Fields into a racetrack to host our Power Wheels Grand Prix. We invite you to bring your personal Power Wheel to compete in this friendly race.

The competition will be divided into two age classes, 2-4 and 5-7, competing separately. Trophies will be awarded for 1st, 2nd, and 3rd place for both age classes. Registered Power Wheels must be original stock vehicles with no modified batteries or batteries over 12V. Helmets are required for participation. Preregistration is required and no refunds will be issued once the event has occurred.

Age 2-7 with adult

Saturday	10:00AM-12:00PM	4/24	SC	$15/child

Lil Bit Preschool Olympics

Little athletes will participate in a 30-yard dash, hurdles, shot put, long jump, javelin throw, and an inflatable obstacle course. After the events, we will have a foam party to celebrate! Preregistration is required and no refunds will be issued once the event has occurred. (Fields 3-4)

Age 3-6

Friday	10:00AM-12:00PM	5/7	SC	$20/child



AQUATIC EVENTS

These events can be found in the Events section of our online registration site.

Santa Splash

Get in the holiday spirit and splash with Santa in our Winter Wonderland pool. Chaperones are free.

All ages

Saturday	6:00-7:30PM	12/5	AC	$15

Tropical Splash

Splash those winter blues away with a tropical swim. Treats and swimming in our "coral reef" will be sure to give you beach vibes even in freezing Kansas. Goggles or none glass masks encouraged for underwater views. Chaperones are free.

All ages

Saturday	2:30-4:00PM	2/27	AC	$15

Egg Splash

Swim and dive for eggs in our themed pool, turn your eggs in for Spring Prizes and goodies, and then enjoy open swim and a visit with the Easter Bunny! Adaptive Rec hour is at 1:00PM. Chaperones are free.

All ages

Saturday	1:00-2:00PM	3/27	AC	$15 (AR)
Saturday	2:30-4:00PM	3/27	AC	$15

Mermaid & Pirate Splash

Attention young mermaids and pirates, swim in our "lagoon" with our special mermaid and pirate guest or search for sunken treasure. Child mermaid tails are allowed in zero depth pool only. Adaptive Rec hour is at 1:00PM. Chaperones are free.

All ages

Saturday	1:00-2:00PM	4/17	AC	$15 (AR)
Saturday	2:30-4:00PM	4/17	AC	$15



BLUE VALLEY RECREATION

PICK YOUR PARTY

- MAD SCIENCE PARTY
- POOL PARTY
- SNAPOLOGY PARTY
- SLIME PARTY
- PRINCESS PARTY
- GYMNASTICS PARTY

CALL 913-685-6014 OR VISIT BLUEVALLEYREC.ORG



Facility Information

A membership required to use court space, walking track, and the fitness floor. Most fitness classes are included in your membership.

- 20,000 square feet fitness floor
- Court space for basketball and pickleball
- Indoor track
- Tornado shelter
- Fitness classes

Indoor Track

- Elevated track
- 7 laps = 1 mile
- Included in your Rec Center Membership
- DynaForce indoor flooring system
- Track hours match facility hours
- Corner spaces for stretching
- Circles the court space
- Natural light

InBody Analysis

We offer comprehensive body composition assessments to help you properly set and measure your fitness goals. We use the InBody (bioelectrical impedance method) for body composition testing to accurately measure body mass (lean mass vs. fat mass), rather than just weight.

1 InBody Scan $45*
2 InBody Scans..... $70*
4 InBody Scans..... $120*

**Rec Center members receive a discounted fee.*

We accept Silver Sneakers, Renew Active, and peerfit at our Rec Center @ Hilltop. Stop by the front desk and ask how you can get signed up.

SilverSneakers®

Renew Active™

FITON × peerfit

FITNESS

Strength & Cardio

Les Mills BODYPUMP™

For anyone looking to get lean, toned, and fit fast. Use light-to-moderate weights with lots of repetition for a total body workout and burn up to 540 calories. You are coached through scientifically-proven techniques and moves - pumping out encouragement, great music, and motivation to help you achieve more than on your own!

Les Mills BODYPUMP HEAVY™

Tempo-based weightlifting that switches on your metabolic engine to build lean muscle. Drawing on traditional lifting techniques, each class challenges strength, builds lean muscle, and drives measurable performance gains. It's simple to do and a slow tempo with more recovery periods allows for expert coaching. Driven by iconic music and group energy, it turns traditional weightlifting into a fun, social, and addictive experience.

Les Mills BODYCOMBAT

Punch and kick your way to fitness, burning up to 740 calories along the way. This high-energy, martial arts inspired workout is totally non-contact with no complex moves to master. A certified instructor challenges you to up the intensity and motivates you to make the most of every round.

Cardio & Weights

A combination of fun and fitness increases cardio and muscular endurance. Class includes a cardio workout and a strength workout to help maximize your time while burning calories and increasing strength. There is no set format, every class is different. Modifications are offered, so you can match to your fitness level.

Strength Boot Camp

Includes mid-to-high intensity body weight exercises combined with interval and strength training.It's a high calorie burning class and is designed to push you to the max.

Strength & Stability

Focuses primarily on full body strength and stability. Work individual muscle groups to gain strength and increase stability and muscle endurance. Great class for all abilities. More focused on resistance training than cardio. No jumping, so it has low impact on joints.

H.I.I.T. (High-Intensity Interval Training)

This interval-based class combines full-body strength training with high intensity cardio bursts designed to tone your body, improve your endurance, and clear your mind before the busy days get started.

Fitness for Health

Low-intensity cardio, resistance training, and basic yoga help you feel better, improve health, and get fit. Easy exercises improve balance and enhance bone density while also lowering fatigue, stress, and blood pressure. Helps with everyday activities while strengthening muscles and cardiovascular health.

Tabata

An all level cardio and strength training class, where the instructor provides options for all levels of participants. This type of HIIT includes 8 rounds of a variety of exercises that use different moves and equipment for 20 seconds of maximum effort followed by 10 seconds of rest ending with core work.

Step Aerobics

This 45-minute step class keeps you moving through low-impact movements to optimize cardiovascular performance without unnecessary strain on the joints. With a diverse set of modifications and progressions, you can personalize the class by either increasing or decreasing the intensity of the movements.

Body Sculpt

Body Sculpt builds total body strength, balance and endurance. This class defines, sculpts, and builds lean muscle with exercises using free weights and resistance equipment to burn calories. Fast, fun and effective!

Box & Build

A high-energy mix of kickboxing and strength training to burn calories and build lean muscle. Punch, kick, and power through strength circuits using weights and bodyweight for a full-body workout. Expect intervals that spike your heart rate, followed by strength segments that build lean muscle and core stability. All levels welcome to get strong, sweat hard, and feel unstoppable.

Form & Function

Get back to basics and maximize your results. Dedicated to mastering the mechanics of fundamental exercises like squats, deadlifts, and overhead presses. By prioritizing proper body alignment and controlled movements over speed or heavy weight, you will build a stronger foundation, prevent injury, and maximize muscle activation. Ideal for beginners building confidence or experienced lifters looking to perfect their technique.

Total Body Conditioning

This class focuses on movements for the full body through a combination of weights and cardio incorporated with a strong core finish.

Yoga, Pilates & Barre

Gentle Yoga

Appropriate for all levels and ages. We'll guide you through a slow and steady paced series of floor and seated postures, with perhaps a few standing poses. The focus of this class is to strengthen and stretch your body, improve your range of motion, relieve stress, and decrease tension. No yoga experience required.

Yoga Basics

Suitable for first-time students as well as those with experience. The focus of this class is building a strong yoga foundation. Body awareness, basic yoga postures, alignment, repetition, and modifications using props are all part of yoga basics.

Yoga Flow

A slower paced vinyasa practice. The poses are held for a longer period without feeling rushed into the next posture or breath to cultivate a reflective pause and time to go inward. The focus in this class is on strength, flexibility, and balance in mind and body.

Yin Yoga

A very slow pace and meditative practice of yoga. Poses are held for a longer period allowing time and gravity to fully relax the muscles, get into a deeper stretch, and target the connective tissues.

Yoga Sculpt

A total body workout set to energizing music designed to tone and sculpt. Use it to complement your regular yoga practice while boosting your metabolism and pushing your strength and flexibility to new heights. Free weights are added as an interval set to create resistance and intensity. Strength-training exercises are used to build lean muscle.

Les Mills BODYBALANCE®

Ideal for anyone and everyone, this new generation yoga class that will improve your mind, your body and your life. Expect to bend and stretch through a series of simple yoga moves, elements of Tai Chi and Pilates with an inspiring soundtrack in the background. Breath control is a part of all the exercises, and instructors will always provide options for those just getting started.

Gentle Pilates

A form of exercise that uses dynamic stretching gently and effectively to lengthen muscles. These exercises target specific body areas to strengthen and stretch muscles, which can help reduce tension, improve flexibility, and ease tightness.

Mat Pilates & More

A method of exercise that consists of low-impact flexibility, muscular strength, and endurance moves. The goal is to strengthen the body's "powerhouse" which includes abdominal muscles, lower back muscles, pelvic floor, hips, and glutes. Strengthening of these muscles will happen using body weight, resistance bands, and at times added weight. Workout will help build and sculpt these muscles, giving your body a lean look. Mat Pilates can help with improving flexibility, posture, and muscle strength.

Chair Yoga

A safe way to practice yoga without having to get up or down from the floor. Students perform postures and breathing exercises with the aid of a chair. Students can experience the many benefits of yoga such as increased balance, strength, flexibility, range of motion, and stress reduction. Chair Yoga is recommended for those with arthritis, osteoporosis, cancer recovery, carpal tunnel syndrome, chronic fatigue syndrome, multiple sclerosis, post-op rehabilitation, and others with limited mobility.

Yoga Blend

A blend class combines multiple yoga styles such as Hatha, Vinyasa, and Stretch into one session to offer a balanced, all-levels experience. These classes typically feature active, flowing sequences to build strength and heat, followed by longer, restorative holds for deep stretching and relaxation. This hybrid approach focuses on mindful alignment, breath work, and flexibility, making it ideal for improving overall wellness.

Barre Above® + Core

A totally unique approach to barre workouts as you've seen them. Fusing the best of Pilates, yoga, aerobics, and elements of the strengthening exercises dancers do, this class delivers a results-driven workout that is not only fun and dynamic, but it will sculpt your body and get you into amazing shape. We'll focus heavily on core strengthening exercises.

FITNESS

Dance Fitness

WERQ

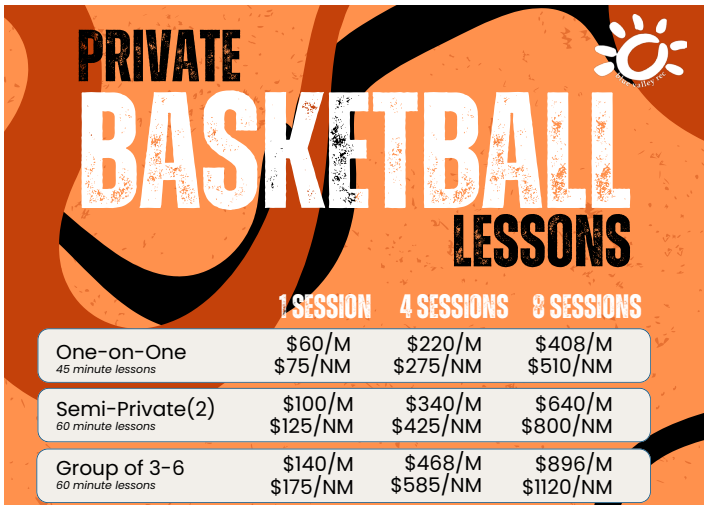
Pronounced "work," this fiercely fun dance fitness class is based on current pop, rock, and hip-hop music. The warm-up previews dance steps used in class and the cool-down includes balance and yoga poses. It's easy to follow and no dance experience is required.

Dance Fusion + Strength

This class blends cardio dance and functional strength exercises all in one class. Enjoy a variety of dance styles including hip-hop, jazz, Latin, ballroom and more! Strength and stretch segments may include body weight exercises, bands, free weights, and a mat. All fitness levels welcome, no dance experience necessary.

Zumba

Enjoy Latin steps and aerobic fitness moves set to international rhythms. Naturally tones the body and provides an aerobic benefit. Bring a towel and a water bottle.



PERSONAL TRAINING

Individualized help to reach your peak potential! Our friendly trainers take the time to learn about you and your goals in order to give you the best experience possible. Payment is required before taking part in any sessions. *Sorry, PT is not included in the RC Membership.*

PT Sessions

Individualized help to reach your peak potential! Our friendly, personal trainers take the time to learn about you and your goals to give you the best experience possible. Payment is required before taking part in any sessions. Sorry, personal training is not included in the Rec Center membership.

PT Assessment (30 min.)	$50/$63NM
Individual session (60 min.)	$68/$85NM
4 sessions (60 min. each)	$236/$295NM
8 sessions (60 min. each)	$456/$570NM
12 sessions (60 min. each)	$672/$840NM
Semi-Private (2) Individual	$110/$138NM
Semi-Private (2) 4 sessions	$388/$485NM
Semi-Private (2) 8 sessions	$674/$843NM
Semi-Private (2) 12 sessions	$1004/$1255NM

Semi-Private pricing covers two individuals per package. BVRC is not responsible for matching Semi-Private partners together.

All personal training clients must complete paperwork and a Personal Training Assessment prior to training. All training sessions are by appointment only. Call 913-685-6084 for more information. Fees subject to change.

Small Group Training

This comprehensive full-body workout utilizes a variety of fitness equipment to keep things challenging and fresh. Move through exercises utilizing dumbbells, kettlebells, resistance bands, half racks, and cable machines, ensuring a well-rounded routine. Designed for all fitness levels, every session is properly coached to help you feel stronger, safer, and more energized in your everyday life.

Monday/Wednesday/Friday	6:00-7:00AM	$24M/$30NM
Monday/Wednesday/Friday	9:00-10:00AM	$24M/$30NM

Bone Health & Balance

Led by a BoneFit-certified instructor, this class introduces you to safe, progressive resistance training using free weights and smooth cable machines, the exact tools proven to stimulate bone remodeling. Build a stronger spine, stabler hips, and sharper balance, all while mastering bone-safe movement patterns for everyday life.

Monday	1:30P-2:30PM	$24M/$30NM

GYMNASTICS



GYMNASTICS REFUND POLICY

Gymnastic registrations will not be available or prorated after the second class, including refunds or cancellations. A full refund will be granted to those who cancel or withdraw from a class four (4) business days prior to the start date without a cancellation fee. You may receive a prorated refund if you cancel before the start of the second-class period, but you will acquire a $10 processing fee along with your refund.
No refunds, make-up classes, or open gym passes will be given for any missed attendance (including cancellations after the second class).

REQUIRED COURSE SKILLS TAUGHT TO ADVANCE IN LEVELS

Preschool Gymnastics
Bars: developing glide, assisted pull over, straight arm front support around the world; **Beam:** properly mount beam, walk forward confidently, develop walking backward; **Floor:** forward roll on floor, backward roll on wedge mat, developing cart-wheel and handstand; **Vault:** Developing contact with both feet on springboard, straight jump to 8-inch mat

Preschool Gymnastics (Advanced)
Bars: assisted pull over to cast, front support and casts, developing straight body cast, glide; **Beam:** walk forward on toes, dips and kicks, walk backwards, straight jumps, developing lever; **Floor:** backward roll to feet on wedge mat, handstand kicking from one leg, cart-wheel, assisted bridge; **Vault:** contact with both feet on springboard, straight jump to 16-inch mat, dive roll to wedge mat, handstand fall to flat back

Level I
Bars: developing pull over and glide, strong front support, cast w/ legs together and straight body; **Beam:** jump to front support mount, walk comfortably forward on toes and backwards, pivot turns on toes, kicks/dips, straight jumps; **Floor:** forward roll, backward roll on wedge mat, developing handstand, cartwheel, and bridge and developing backbend on wedge mat; **Vault:** approach form and technique, contact with both feet on springboard, developing dive roll to wedge mat and handstand flat back on 8-inch mat, straight jump to 16-inch mat

Level II
Bars: pull over, assisted back hip circle, glide, developing squat on, three-in-a-row straight body cast; **Beam:** arabesque, forward kicks, developing lever into handstand, pivot turns, developing cartwheel side handstand and straight leg leaps; **Floor:** forward straddle roll on floor, backward roll on floor, handstand 2-second hold, handstand forward roll and handstand to bridge, backbend, bridge kick over on wedge mat, developing round-off; **Vault:** Tumbl Trak forward roll on pit mat, dive roll, straight jump to vault, handstand flat back on 8-inch mat, knees/hands/back with mat on Tumbl Trak

Level III
Bars: mount glide swing return pull over, developing kip, squat on, cast back hip circle, under swing dismount, developing basic swing; **Beam:** scale, straight leg leap, heal-snap turn, cartwheel to side handstand dismount, developing handstand, lever to beam, and developing cartwheel on low beam; **Floor:** handstand bridge/back kick over, backbend kick over, round-off, developing back handspring, developing back extension, straight arm backward roll; **Vault:** dive roll, jump to handstand on pit mat and fall to flat back, drills on pit mat

Level IV & V - Coach/Coordinator approval is needed for enrollment in Level IV and Level V. It is common to take several sessions of Level III in order to advance to Level IV. It is also common to need more than one session of Level IV to advance to Level V.

Dress Code - Please wear athletic-appropriate attire that allows for movement. For safety reasons - no jeans, socks, tights, or jewelry and hair must be pulled back and out of face. Gum and food are NOT allowed in the gymnastics center. Adults - please no cell phones in the gymnastics area.

GYMNASTICS

TODDLER GYMNASTICS

Little movers get to climb, roll, jump, and balance in a fun, safe environment. These classes help build strength, balance, coordination, and motor skills while encouraging listening, confidence, and social interaction.

Mom, Pops & Tots

An adult participation class where the caregiver assists with the implementation of the weekly lesson plan. This motor coordination, physical education class has a strong emphasis on gymnastics and provides a great caregiver/child bonding experience. Preschool early social awareness skills are introduced. Class ratio 6:1 *One adult per child. **NOTE: There is no parent cell phone usage allowed in the gym.**

Age 18-36 months with actively participating adult

Winter (registration opens 12/2)

Monday	9:00-9:50AM	1/4-3/8	AC	$150/$200NR
Tuesday	9:00-9:50AM	1/5-3/9	AC	$150/$200NR
Tuesday	10:00-10:50AM	1/5-3/9	AC	$150/$200NR
Tuesday	4:30-5:20PM	1/5-3/9	AC	$150/$200NR
Wednesday	10:00-10:50AM	1/6-3/10	AC	$150/$200NR
Wednesday	4:00-4:50PM	1/6-3/10	AC	$150/$200NR
Thursday	11:00-11:50AM	1/7-3/11	AC	$150/$200NR
Thursday	5:30-6:20PM	1/7-3/11	AC	$150/$200NR
Friday	9:00-9:50AM	1/8-3/12	AC	$150/$200NR
Friday	10:00-10:50AM	1/8-3/12	AC	$150/$200NR
Saturday	8:30-9:20AM	1/9-3/13	AC	$150/$200NR
Saturday	9:30-10:20AM	1/9-3/13	AC	$150/$200NR

Spring (registration opens 2/10)

Monday	9:00-9:50AM	3/22-5/24	AC	$150/$200NR
Tuesday	9:00-9:50AM	3/23-5/25	AC	$150/$200NR
Tuesday	10:00-10:50AM	3/23-5/25	AC	$150/$200NR
Tuesday	4:30-5:20PM	3/23-5/25	AC	$150/$200NR
Wednesday	10:00-10:50AM	3/24-5/26	AC	$150/$200NR
Wednesday	4:00-4:50PM	3/24-5/26	AC	$150/$200NR
Thursday	11:00-11:50AM	3/25-5/27	AC	$150/$200NR
Thursday	5:30-6:20PM	3/25-5/27	AC	$150/$200NR
Friday	9:00-9:50AM	3/26-5/28	AC	$150/$200NR
Friday	10:00-10:50AM	3/26-5/28	AC	$150/$200NR
Saturday	8:30-9:20AM	3/27-5/22	AC	$135/$180NR
Saturday	9:30-10:20AM	3/27-5/22	AC	$135/$180NR

PRESCHOOL GYMNASTICS

Develops fundamental movement skills through fun, structured activities. In a positive and encouraging environment, preschoolers gain confidence, body awareness, and a strong foundation for future physical activity.

Three's

Structured classes teach kindergarten readiness skills and independence while exploring gymnastics activities to develop flexibility, strength, coordination, and balance. Child must be potty-trained and must be comfortable away from parent. Class ratio 5:1

Age 3

Winter (registration opens 12/2)

Monday	10:00-10:50AM	1/4-3/8	AC	$150/$200NR
Monday	1:00-1:50PM	1/4-3/8	AC	$150/$200NR
Monday	5:00-5:50PM	1/4-3/8	AC	$150/$200NR
Tuesday	9:00-9:50AM	1/5-3/9	AC	$150/$200NR
Tuesday	11:00-11:50AM	1/5-3/9	AC	$150/$200NR
Tuesday	3:00-3:50PM	1/5-3/9	AC	$150/$200NR
Tuesday	4:30-5:20PM	1/5-3/9	AC	$150/$200NR
Tuesday	5:30-6:20PM	1/5-3/9	AC	$150/$200NR
Wednesday	9:00-9:50AM	1/6-3/10	AC	$150/$200NR
Wednesday	10:00-10:50AM	1/6-3/10	AC	$150/$200NR
Wednesday	2:00-2:50PM	1/6-3/10	AC	$150/$200NR
Wednesday	6:00-6:50PM	1/6-3/10	AC	$150/$200NR
Thursday	9:00-9:50AM	1/7-3/11	AC	$150/$200NR
Thursday	10:00-10:50AM	1/7-3/11	AC	$150/$200NR
Thursday	3:00-3:50PM	1/7-3/11	AC	$150/$200NR
Thursday	5:30-6:20PM	1/7-3/11	AC	$150/$200NR
Thursday	6:30-7:20PM	1/7-3/11	AC	$150/$200NR
Friday	9:00-9:50AM	1/8-3/12	AC	$150/$200NR
Friday	10:00-10:50AM	1/8-3/12	AC	$150/$200NR
Friday	11:00-11:50AM	1/8-3/12	AC	$150/$200NR
Saturday	8:30-9:20AM	1/9-3/13	AC	$150/$200NR
Saturday	9:30-10:20AM	1/9-3/13	AC	$150/$200NR
Saturday	12:30-1:20PM	1/9-3/13	AC	$150/$200NR

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Registration for Winter session opens Dec. 2 and Spring session opens Feb. 10.

Three's continued

Spring (registration opens 2/10)

Monday	10:00-10:50AM	3/22-5/24	AC	$150/$200NR
Monday	1:00-1:50PM	3/22-5/24	AC	$150/$200NR
Monday	5:00-5:50PM	3/22-5/24	AC	$150/$200NR
Tuesday	9:00-9:50AM	3/23-5/25	AC	$150/$200NR
Tuesday	11:00-11:50AM	3/23-5/25	AC	$150/$200NR
Tuesday	3:00-3:50PM	3/23-5/25	AC	$150/$200NR
Tuesday	4:30-5:20PM	3/23-5/25	AC	$150/$200NR
Tuesday	5:30-6:20PM	3/23-5/25	AC	$150/$200NR
Wednesday	9:00-9:50AM	3/24-5/26	AC	$150/$200NR
Wednesday	10:00-10:50AM	3/24-5/26	AC	$150/$200NR
Wednesday	2:00-2:50PM	3/24-5/26	AC	$150/$200NR
Wednesday	6:00-6:50PM	3/24-5/26	AC	$150/$200NR
Thursday	9:00-9:50AM	3/25-5/27	AC	$150/$200NR
Thursday	10:00-10:50AM	3/25-5/27	AC	$150/$200NR
Thursday	3:00-3:50PM	3/25-5/27	AC	$150/$200NR
Thursday	5:30-6:20PM	3/25-5/27	AC	$150/$200NR
Thursday	6:30-7:20PM	3/25-5/27	AC	$150/$200NR
Friday	9:00-9:50AM	3/26-5/28	AC	$150/$200NR
Friday	10:00-10:50AM	3/26-5/28	AC	$150/$200NR
Friday	11:00-11:50AM	3/26-5/28	AC	$150/$200NR
Saturday	8:30-9:20AM	3/27-5/22	AC	$135/$180NR
Saturday	9:30-10:20AM	3/27-5/22	AC	$135/$180NR
Saturday	12:30-1:20PM	3/27-5/22	AC	$135/$180NR

Preschool Gymnastics

Gymnastics equipment connects student's brain and body in preparation for kindergarten by building their motor skills and developing body awareness, control, and coordination. Lesson plans focus on the proper mechanics of rolling forward and backward, handstands, cartwheels as well as basic fundamentals on vault, bars, and balance beam. Class ratio 6:1

Age 4-5

Winter (registration opens 12/2)

Monday	9:00-9:50AM	1/4-3/8	AC	$150/$200NR
Monday	10:00-10:50AM	1/4-3/8	AC	$150/$200NR
Monday	11:00-11:50AM	1/4-3/8	AC	$150/$200NR
Monday	1:00-1:50PM	1/4-3/8	AC	$150/$200NR
Monday	2:00-2:50PM	1/4-3/8	AC	$150/$200NR
Monday	5:00-5:50PM	1/4-3/8	AC	$150/$200NR
Monday	6:00-6:50PM	1/4-3/8	AC	$150/$200NR
Tuesday	10:00-10:50AM	1/5-3/9	AC	$150/$200NR
Tuesday	11:00-11:50AM	1/5-3/9	AC	$150/$200NR
Tuesday	2:00-2:50PM	1/5-3/9	AC	$150/$200NR
Tuesday	3:00-3:50PM	1/5-3/9	AC	$150/$200NR
Tuesday	4:30-5:20PM	1/5-3/9	AC	$150/$200NR
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Wednesday	11:00-11:50AM	1/6-3/10	AC	$150/$200NR
Wednesday	1:00-1:50PM	1/6-3/10	AC	$150/$200NR
Wednesday	2:00-2:50PM	1/6-3/10	AC	$150/$200NR
Wednesday	6:00-6:50PM	1/6-3/10	AC	$150/$200NR
Thursday	9:00-9:50AM	1/7-3/11	AC	$150/$200NR
Thursday	11:00-11:50AM	1/7-3/11	AC	$150/$200NR
Thursday	2:00-2:50PM	1/7-3/11	AC	$150/$200NR
Thursday	3:00-3:50PM	1/7-3/11	AC	$150/$200NR

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Thursday	5:30-6:20PM	1/7-3/11	AC	$150/$200NR
Thursday	6:30-7:20PM	1/7-3/11	AC	$150/$200NR
Friday	9:00-9:50AM	1/8-3/12	AC	$150/$200NR
Friday	10:00-10:50AM	1/8-3/12	AC	$150/$200NR
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Saturday	8:30-9:20AM	1/9-3/13	AC	$150/$200NR
Saturday	9:30-10:20AM	1/9-3/13	AC	$150/$200NR
Saturday	12:30-1:20PM	1/9-3/13	AC	$150/$200NR

Spring (registration opens 2/10)

Monday	9:00-9:50AM	3/22-5/24	AC	$150/$200NR
Monday	10:00-10:50AM	3/22-5/24	AC	$150/$200NR
Monday	11:00-11:50AM	3/22-5/24	AC	$150/$200NR
Monday	1:00-1:50PM	3/22-5/24	AC	$150/$200NR
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Tuesday	4:30-5:20PM	3/23-5/25	AC	$150/$200NR
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Thursday	5:30-6:20PM	3/25-5/27	AC	$150/$200NR
Thursday	6:30-7:20PM	3/25-5/27	AC	$150/$200NR
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Friday	1:00-1:50PM	3/26-5/28	AC	$150/$200NR
Saturday	8:30-9:20AM	3/27-5/22	AC	$135/$180NR
Saturday	9:30-10:20AM	3/27-5/22	AC	$135/$180NR
Saturday	12:30-1:20PM	3/27-5/22	AC	$135/$180NR



Registration for Winter session opens Dec. 2 and Spring session opens Feb. 10.

GYMNASTICS

Preschool Gymnastics Advanced

For preschoolers who have mastered the basics and are ready for more! This advanced class introduces more challenging skill progressions on all events — vault, bars, balance beam, and floor — pushing young athletes to build greater control, confidence, and physical literacy. A perfect next step for little gymnasts eager to keep moving forward. Class ratio 6:1

Age 4-5

Winter (registration opens 12/2)

Monday	11:00-11:50AM	1/4-3/8	AC	$150/$200NR
Monday	2:00-2:50PM	1/4-3/8	AC	$150/$200NR
Monday	5:00-5:50PM	1/4-3/8	AC	$150/$200NR
Monday	6:00-6:50PM	1/4-3/8	AC	$150/$200NR
Tuesday	2:00-2:50PM	1/5-3/9	AC	$150/$200NR
Tuesday	4:30-5:20PM	1/5-3/9	AC	$150/$200NR
Tuesday	6:30-7:20PM	1/5-3/9	AC	$150/$200NR
Wednesday	11:00-11:50AM	1/6-3/10	AC	$150/$200NR
Wednesday	1:00-1:50PM	1/6-3/10	AC	$150/$200NR
Wednesday	4:00-4:50PM	1/6-3/10	AC	$150/$200NR
Wednesday	6:00-6:50PM	1/6-3/10	AC	$150/$200NR
Thursday	10:00-10:50AM	1/7-3/11	AC	$150/$200NR
Thursday	2:00-2:50PM	1/7-3/11	AC	$150/$200NR
Thursday	4:30-5:20PM	1/7-3/11	AC	$150/$200NR
Thursday	5:30-6:20PM	1/7-3/11	AC	$150/$200NR
Friday	11:00-11:50AM	1/8-3/12	AC	$150/$200NR
Friday	1:00-1:50PM	1/8-3/12	AC	$150/$200NR
Saturday	8:30-9:20AM	1/9-3/13	AC	$150/$200NR
Saturday	12:30-1:20PM	1/9-3/13	AC	$150/$200NR

Spring (registration opens 2/10)

Monday	11:00-11:50AM	3/22-5/24	AC	$150/$200NR
Monday	2:00-2:50PM	3/22-5/24	AC	$150/$200NR
Monday	5:00-5:50PM	3/22-5/24	AC	$150/$200NR
Monday	6:00-6:50PM	3/22-5/24	AC	$150/$200NR
Tuesday	2:00-2:50PM	3/23-5/25	AC	$150/$200NR
Tuesday	4:30-5:20PM	3/23-5/25	AC	$150/$200NR
Tuesday	6:30-7:20PM	3/23-5/25	AC	$150/$200NR
Wednesday	11:00-11:50AM	3/24-5/26	AC	$150/$200NR
Wednesday	1:00-1:50PM	3/24-5/26	AC	$150/$200NR
Wednesday	4:00-4:50PM	3/24-5/26	AC	$150/$200NR
Wednesday	6:00-6:50PM	3/24-5/26	AC	$150/$200NR
Thursday	10:00-10:50AM	3/25-5/27	AC	$150/$200NR
Thursday	2:00-2:50PM	3/25-5/27	AC	$150/$200NR
Thursday	4:30-5:20PM	3/25-5/27	AC	$150/$200NR
Thursday	5:30-6:20PM	3/25-5/27	AC	$150/$200NR
Friday	11:00-11:50AM	3/26-5/28	AC	$150/$200NR
Friday	1:00-1:50PM	3/26-5/28	AC	$150/$200NR
Saturday	8:30-9:20AM	3/27-5/22	AC	$135/$180NR
Saturday	12:30-1:20PM	3/27-5/22	AC	$135/$180NR



Registration for Winter session opens Dec. 2 and Spring session opens Feb. 10.

YOUTH GYMNASTICS

Focus on building skills, strength, and confidence through structured instruction and progressive challenges. Gymnasts develop flexibility, coordination, balance, and body control while learning discipline, focus, and perseverance.

Level 1

Entry level gymnastics class for school-age youth. Skills developed in the areas of tumbling, bars, balance beam, and vault. Class ratio 7:1

Age 6-15

Winter (registration opens 12/2)

Monday	4:00-4:50PM	1/4-3/8	AC	$150/$200NR
Monday	6:00-6:50PM	1/4-3/8	AC	$150/$200NR
Tuesday	5:30-6:20PM	1/5-3/9	AC	$150/$200NR
Tuesday	6:30-7:20PM	1/5-3/9	AC	$150/$200NR
Wednesday	4:00-4:50PM	1/6-3/10	AC	$150/$200NR
Wednesday	6:00-6:50PM	1/6-3/10	AC	$150/$200NR
Thursday	4:30-5:20PM	1/7-3/11	AC	$150/$200NR
Thursday	6:30-7:20PM	1/7-3/11	AC	$150/$200NR
Saturday	10:30-11:20AM	1/9-3/13	AC	$150/$200NR
Saturday	11:30AM-12:20PM	1/9-3/13	AC	$150/$200NR
Saturday	12:30-1:20PM	1/9-3/13	AC	$150/$200NR

Spring (registration opens 2/10)

Monday	4:00-4:50PM	3/22-5/24	AC	$150/$200NR
Monday	6:00-6:50PM	3/22-5/24	AC	$150/$200NR
Tuesday	5:30-6:20PM	3/23-5/25	AC	$150/$200NR
Tuesday	6:30-7:20PM	3/23-5/25	AC	$150/$200NR
Wednesday	4:00-4:50PM	3/24-5/26	AC	$150/$200NR
Wednesday	6:00-6:50PM	3/24-5/26	AC	$150/$200NR
Thursday	4:30-5:20PM	3/25-5/27	AC	$150/$200NR
Thursday	6:30-7:20PM	3/25-5/27	AC	$150/$200NR
Saturday	10:30-11:20AM	3/27-5/22	AC	$135/$180NR
Saturday	11:30AM-12:20PM	3/27-5/22	AC	$135/$180NR
Saturday	12:30-1:20PM	3/27-5/22	AC	$135/$180NR



Level 2

Prerequisite: Instructor recommendation or successfully perform a handstand, cartwheel, developing pull-over on bars and confidence on beam. Refer to the Required Course Skills for class placement. Class ratio 7:1

Age 6-15

Winter (registration opens 12/2)

Monday	4:00-4:50PM	1/4-3/8	AC	$150/$200NR
Tuesday	5:30-6:20PM	1/5-3/9	AC	$150/$200NR
Tuesday	6:30-7:20PM	1/5-3/9	AC	$150/$200NR
Wednesday	5:00-5:50PM	1/6-3/10	AC	$150/$200NR
Thursday	4:30-5:20PM	1/7-3/11	AC	$150/$200NR
Thursday	7:30-8:20PM	1/7-3/11	AC	$150/$200NR
Saturday	9:30-10:20AM	1/9-3/13	AC	$150/$200NR
Saturday	10:30-11:20AM	1/9-3/13	AC	$150/$200NR
Saturday	11:30AM-12:20PM	1/9-3/13	AC	$150/$200NR

Spring (registration opens 2/10)

Monday	4:00-4:50PM	3/22-5/24	AC	$150/$200NR
Tuesday	5:30-6:20PM	3/23-5/25	AC	$150/$200NR
Tuesday	6:30-7:20PM	3/23-5/25	AC	$150/$200NR
Wednesday	5:00-5:50PM	3/24-5/26	AC	$150/$200NR
Thursday	4:30-5:20PM	3/25-5/27	AC	$150/$200NR
Thursday	7:30-8:20PM	3/25-5/27	AC	$150/$200NR
Saturday	9:30-10:20AM	3/27-5/22	AC	$135/$180NR
Saturday	10:30-11:20AM	3/27-5/22	AC	$135/$180NR
Saturday	11:30AM-12:20PM	3/27-5/22	AC	$135/$180NR

Level 3

Prerequisite: Instructor recommendation or successfully perform backbend, bridge kick-over, round-off, pull-over, and jumps and pivots on balance beam. Refer to Required Course Skills for class placement. Class ratio 7:1

Age 6-15

Winter (registration opens 12/2)

Monday	4:00-4:50PM	1/4-3/8	AC	$150/$200NR
Tuesday	7:30-8:20PM	1/5-3/9	AC	$150/$200NR
Wednesday	5:00-5:50PM	1/6-3/10	AC	$150/$200NR
Thursday	7:30-8:20PM	1/7-3/11	AC	$150/$200NR
Saturday	11:30AM-12:20PM	1/9-3/13	AC	$150/$200NR

Spring (registration opens 2/10)

Monday	4:00-4:50PM	3/22-5/24	AC	$150/$200NR
Tuesday	7:30-8:20PM	3/23-5/25	AC	$150/$200NR
Wednesday	5:00-5:50PM	3/24-5/26	AC	$150/$200NR
Thursday	7:30-8:20PM	3/25-5/27	AC	$150/$200NR
Saturday	11:30AM-12:20PM	3/27-5/22	AC	$135/$180NR

Registration for Winter session opens Dec. 2 and Spring session opens Feb. 10.

GYMNASTICS

Level 4/5

Prerequisite: Instructor recommendation or successfully perform backbend kick-over, back handspring progression, developing kip, and cartwheel side dismount on balance beam. Our most advanced recreational class. Refer to Required Course Skills for class placement. Class ratio 7:1

Age 6-15

Winter (registration opens 12/2)

Tuesday	7:30-8:20PM	1/5-3/9	AC	$150/$200NR
Thursday	7:30-8:20PM	1/7-3/11	AC	$150/$200NR

Spring (registration opens 2/10)

Tuesday	7:30-8:20PM	3/23-5/25	AC	$150/$200NR
Thursday	7:30-8:20PM	3/25-5/27	AC	$150/$200NR

Evaluation/Trial Class

Looking to try out our program or get an idea of what class you should enroll your child in for gymnastics? This is the class for you! Enroll in our structured trial class that will take your child through all four gymnastics events (beam, bars, floor, and vault) along with experiencing how we start and end our classes. By the end of this trial class, an instructor will let you know which of our classes will best suit their skill set. This one-time class is a perfect opportunity to give our program a try before signing up for an entire session!

Preschool (Age 3-5)

Sunday	12:15-1:00PM	12/6, 2/7	AC	$15

Levels (Age 6-15)

Sunday	12:15-1:00PM	12/6, 2/7	AC	$15

Boys

Boys learn basic gymnastics skills alongside other boys. They focus on basic tumbling, trampoline, rings, and parallel bar swings. This class is centered around giving boys the opportunity to gain strength and get exercise in a gymnastics setting. Class ratio 7:1

Age 6-15

Winter (registration opens 12/2)

Tuesday	7:30-8:20PM	1/5-3/9	AC	$150/$200NR
Saturday	10:30-11:20AM	1/9-3/13	AC	$150/$200NR

Spring (registration opens 2/10)

Tuesday	7:30-8:20PM	3/23-5/25	AC	$150/$200NR
Saturday	10:30-11:20AM	3/27-5/22	AC	$135/$180NR

Open Gym

Supervision in the gym is provided, but there is no instruction for routines or equipment. Use of the high bar is not allowed. Daily fee accepted; space is limited. Visit bluevalleyrec.org and click on "calendars" for updated schedule.



Registration for Winter session opens Dec. 2 and Spring session opens Feb. 10.

TUMBLING

Build strength, power, and technique for skills such as rolls, cartwheels, walkovers, and flips. Participants develop coordination, flexibility, body control, and confidence while progressing at their own pace in a supportive environment.

Tumbling 1

A great place to learn a strong tumbling foundation. Work to master the cartwheel, round-off, handstand, backbend and backbend kick-over. The athlete will begin skills that will help their bodies develop to be a strong tumbler and/or cheerleader. Class ratio 7:1

Age 6-15

Winter (registration opens 12/2)

Tuesday	6:30-7:20PM	1/5-3/9	AC	$150/$200NR
Thursday	4:30-5:20PM	1/7-3/11	AC	$150/$200NR
Thursday	7:30-8:20PM	1/7-3/11	AC	$150/$200NR
Saturday	11:30AM-12:20PM	1/9-3/13	AC	$150/$200NR

Spring (registration opens 2/10)

Tuesday	6:30-7:20PM	3/23-5/25	AC	$150/$200NR
Thursday	4:30-5:20PM	3/25-5/27	AC	$150/$200NR
Thursday	7:30-8:20PM	3/25-5/27	AC	$150/$200NR
Saturday	11:30AM-12:20PM	3/27-5/22	AC	$135/$180NR

Tumbling 2

Prerequisite: Instructor recommendation or perform all skills taught in Tumbling I successfully. Advanced skills taught: back walk-over, front limber, round-off back handspring, front handspring, back tuck. Class ratio 7:1

Age 6-15

Winter (registration opens 12/2)

Tuesday	7:30-8:20PM	1/5-3/9	AC	$150/$200NR
Thursday	6:30-7:20PM	1/7-3/11	AC	$150/$200NR
Saturday	10:30-11:20AM	1/9-3/13	AC	$150/$200NR

Spring (registration opens 2/10)

Tuesday	7:30-8:20PM	3/23-5/25	AC	$150/$200NR
Thursday	6:30-7:20PM	3/25-5/27	AC	$150/$200NR
Saturday	10:30-11:20AM	3/27-5/22	AC	$135/$180NR

Tumbling 3

Prerequisite: can successfully do a front and back walk-over, front limber, and is developing a back handspring. Our most advanced tumbling class teaches you to perfect a front and back handspring, and intro to front and back tucks, and aerials. Class ratio 7:1

Age 6-15

Winter (registration opens 12/2)

Monday	6:00-6:50PM	1/4-3/8	AC	$150/$200NR
Wednesday	5:00-5:50PM	1/6-3/10	AC	$150/$200NR

Spring (registration opens 2/10)

Monday	6:00-6:50PM	3/22-5/24	AC	$150/$200NR
Wednesday	5:00-5:50PM	3/24-5/26	AC	$150/$200NR



Registration for Winter session opens Dec. 2 and Spring session opens Feb. 10.

SPORTS



Sports is for everyone

You don't have to be an athlete to participate in our sports offerings. Many of our programs are designed for the recreational player and emphasize fun and enjoyment over winning.



Sportsmanship

The goal of our leagues and programs is for kids to learn while playing in a fun, nurturing environment.

As a parent and spectator, we expect you to:

- Model appropriate behavior in a positive way.
- Release your child to the game and coach.
- Accept the judgment of the officials and coaches.
- Demonstrate winning and losing with dignity.
- Be an encourager.
- Love watching your child play no matter what.

As a coach, we expect you to:

- Coach for the love of the game and athlete.
- Put the welfare of the team above winning.
- Accept and abide by the judgment of officials.
- Reward effort and behavior over outcome.
- Lead with character and by example.
- Follow the rules.

YOUTH BASEBALL

Boys Baseball Rec League

2026-27 School Year

Grade	Early Bird (by 1/27)	Reg Fee (after 1/27)
PreK	$120	$130
K	$120	$130
Grade 1	$150	$160
Grade 2	$150	$160
Grade 3	$160	$170
Grade 4	$160	$170
Grade 5	$180	$190
Grade 6	$180	$190
Grade 7	$180	$190
Grade 8	$180	$190
High School (Grades 9-12)	---	$1200/team*

**Team registration only*

PreK
- Must turn 4 by 8/31/27

Grades PreK to 1
- Practices begin mid-April
- Games begin early May
- Season ends early July

Grades 2-8
- Practices begin late March
- Games begin mid-April
- Season ends early July

Grades 9-12
- Practices begin late April
- Games begin mid-May
- Season ends early July

Registration timeline for guaranteed placement

12/1: Registration opens

2/24: Grades 2-8

3/24: PreK, K, Grade 1

Golden Glove Baseball League

AA/AAA/Major Baseball League - This league is an elite program for youth ages 9-14 for AA, AAA, and Major Level USSSA Teams. Registration is by team only with a fee of $2,000 per team. Teams are selected to play in this league - all teams must submit an application and a $100 application fee (if selected, the $100 application fee will be applied to the team registration fee). Registration opens Nov. 10 and the application deadline is Jan. 14. Practices begin the beginning of March, season ends the end of June. Limited space available.

YOUTH SOFTBALL

Girls Softball Rec League

2026-27 School Year

Grade	Early Bird (by 1/27)	Reg Fee (after 1/27)
PreK	$120	$130
K	$120	$130
Grade 1	$150	$160
Grade 2	$150	$160
Grade 3	$150	$160
Grade 4	$160	$170
Grade 5	$160	$170
Grade 6	$160	$170
Grade 7	$160	$170
Grade 8	$160	$170

PreK
- Must turn 4 by 8/31/27

Grades PreK to 1
- Practices begin mid-April
- Games begin early May
- Season ends early July

Grades 2-8
- Practices in late March
- Games begin mid-April
- Season ends early July

Registration timeline for guaranteed placement

12/1: Registration opens

2/24: Grades 2-8

3/24: PreK, K, Grade 1

Premier Fast-Pitch Softball League

This competitive league will feature A, B and C levels for ages 8U-18U. Registration is by team only with a fee of $800 for 8U and $1,000 for 10U-18U. Each age division will play doubleheaders on a specific night of the week. Games will only be played Monday-Thursday (no Friday-Sunday games). The season for ages 8U-12U will begin mid-March and run through June. The season for ages 14U-16/18U will begin mid-May and run through the end of June. Practice fields and game balls are provided, free of charge. The deadline for 8U-12U is Feb. 24. The deadline for 14U-16/18U is April 28. Full fee is due at the time of registration deadline.

SPORTS

YOUTH VOLLEYBALL

Spring Volleyball League

Grade 2-8 (2026-27 school year)

Grade 2	$102/$136NR
Grade 3	$102/$136NR
Grade 4	$102/$136NR
Grade 5	$102/$136NR
Grade 6	$102/$136NR
Grade 7	$102/$136NR
Grade 8	$102/$136NR

- Boys, girls play together in grade-specific divisions.
- Register individually, online or in-person only.
- Coaches allowed to submit team roster forms with requested players (requires at least 9).
- Registration begins 12/2.
- Registration and team roster deadline 2/17.
- Practices begin the week of 3/21.
- Matches on weekends 4/3-5/16.
- Teams play 8 matches over 7 weekends.
- Individuals who register without a coach by the deadline will be assigned to teams.

Youth Coed Volleyball Tournament

Divisions for teams in grades 4, 5, 6, and 7/8 with a three-match guarantee. Awards for top two teams in each division. Registration deadline 3/10 by 12:00PM. Grades may be combined to form divisions.

Grade 4-8

Saturday	3/27	TBA	RC	$175/team

Volleytime

Learn fundamentals including pass, set and serve. Team play and strategy also covered. Athletic clothing and shoes needed; kneepads suggested. MAVS Volleyball Club coaches will instruct. (No Class 3/18)

Grades 2-6

Thursday	6:00-7:15PM	2/25-4/8	RC	$80/$107NR

YOUTH TENNIS

Youth Tennis Lessons

Fun group setting that provides plenty of instruction time and play. Rookies and beginners both participate in entertaining, age-specific activities. All participants grouped by age and skill level. Balls provided; bring a racquet. Ratio 8-1.

Ages 5-6

Saturday	9:15-10:00AM	4/3-5/8	TBA	$103/$138NR

Ages 7-11

Saturday	10:00-10:55AM	4/3-5/8	TBA	$103/$138NR

Ages 7-11

Saturday	11:00-11:55AM	4/3-5/8	TBA	$103/$138NR

Ages 12-16

Saturday	11:00-11:55AM	4/3-5/8	TBA	$103/$138NR

Youth Tennis Team Warm-Up

For youth tennis players who played on the summer team or would like to play in a more competitive atmosphere than tennis lessons. To play in this league, players must be able to make 60% of their serves consecutively into the proper service court and rally 10 times in a row. Summer BVRC JTT players are automatically accepted into this league. There will be six 75-minute lessons of drills and coached play.

Ages 8-16

Saturday	12:00-1:15PM	4/3-5/8	TBA	$115/$154NR

Tennis Team

Registration begins in March for kids 8-18. Summer tennis begins with HOT action for junior players. Tennis Team provides both instruction and match play for players who will compete against local teams. Watch for sign-ups in the Summer Program Guide!



YOUTH CAMPS & CLINICS

Spring Break Baseball Camp

Former Major League Baseball Pitcher and Kansas City Royal Jamie Bluma and staff teach fundamentals, with an emphasis on fielding and hitting. All campers should bring their own glove. Thursday will be used as makeup day in case of inclement weather. (Field 26)

Age 7-14

Monday-Wednesday	12:00-2:30PM	3/15-3/17	SC	$75/$100NR

Baseball Pitchers and Catchers Clinics

The BVHS baseball coaches teach fundamentals and mechanics of the catching position and pitching. Class size limited to 15 for individual instruction.

Age 8-12

Sunday	1:00P-1:55PM	4/11-4/18	SC	$40/$54NR
Sunday	2:00P-2:55PM	4/11-4/18	SC	$40/$54NR
Sunday	3:00P-3:55PM	4/11-4/18	SC	$40/$54NR

Baseball Fielding Clinics

The Blue Valley High School baseball coaches teach fundamentals and mechanics of both the infield and outfield positions. Class Size limited to 15 for individual instruction.

Age 7-12

Sunday	1:00P-1:55PM	4/11-4/18	SC	$40/$54NR
Sunday	2:00P-2:55PM	4/11-4/18	SC	$40/$54NR
Sunday	3:00P-3:55PM	4/11-4/18	SC	$40/$54NR

Baseball Hitting Clinics

The BVHS baseball coaches teach fundamentals and mechanics of hitting. Class size limited to 15 for individual instruction.

Age 7-12

Sunday	1:00P-1:55PM	4/11-4/18	SC	$40/$54NR
Sunday	2:00P-2:55PM	4/11-4/18	SC	$40/$54NR
Sunday	3:00P-3:55PM	4/11-4/18	SC	$40/$54NR

Spring Break Softball Camp

Rebels Softball coaching staff instructs students on all aspects of the game. All campers should bring their own glove; other equipment provided.

Age 6-14

Monday-Wednesday	12:00-2:00PM	3/15-3/17	SC	$70/$94NR

MLK Day Softball Camp

Rebels Softball coaching staff instructs students on all aspects of the game. All campers should bring their own glove; other equipment provided.

Age 6-14

Monday	9:00-11:00AM	1/18	RSA	$40/$54NR

Presidents Day Softball Camp

Rebels Softball coaching staff instructs students on all aspects of the game. All campers should bring their own glove; other equipment provided.

Age 6-14

Monday	9:00-11:00AM	2/15	RSA	$40/$54NR

February Softball Clinics

Rebels Softball coaching staff instructs students on developing hitting and fielding skills. Participants should bring either their own glove or bat and helmet; other equipment will be provided.

Hitting Clinic

Age 5-9

Tuesday	6:00-6:55PM	2/2-2/23	RSA	$60/$80NR

Age 10-14

Tuesday	6:00-6:55PM	2/2-2/23	RSA	$60/$80NR

Fielding Clinic

Age 5-9

Tuesday	7:00-7:55PM	2/2-2/23	RSA	$60/$80NR

Age 10-14

Tuesday	7:00-7:55PM	2/2-2/23	RSA	$60/$80NR



SPORTS

Livin' the Dream Basketball Camps

Livin' the Dream (LTD) Basketball Camps are full of skill development, games, contests, fun competitions, and inspirational speakers. Professional instruction by high school coaches and current/former college and professional basketball players. This is an awesome camp for players to gain another opportunity to practice basketball skills and drills. Bring a basketball with your name on it.

MLK Basketball Camp

Age 7-13

Monday	9:00-11:00AM	1/18	RC	$30/$40NR
Monday	11:30AM-1:30PM	1/18	RC	$30/$40NR
Monday	2:00-4:00PM	1/18	RC	$30/$40NR

Presidents Day Basketball Camp

Age 7-13

Monday	9:00-11:00AM	2/15	RC	$30/$40NR
Monday	11:30AM-1:30PM	2/15	RC	$30/$40NR
Monday	2:00-4:00PM	2/15	RC	$30/$40NR

Spring Break Basketball Camp

Age 7-13

Monday-Thursday	9:00-11:00AM	3/15-3/18	RC	$90/$120NR
Monday-Thursday	11:30AM-1:30PM	3/15-3/18	RC	$90/$120NR

Junior Basketball

Boys and girls learn the basics of passing, shooting and dribbling in a positive, fun and educational setting. Every session will have 4 classes. Bring a basketball with your name on it - a mini ball or anything smaller than 27.5 is recommended. Parent involvement is highly recommended. 10:1 ratio

Age 3-4

Saturday	8:30-9:25AM	1/9-1/30	TBA	$52/$70NR
Saturday	8:30-9:25AM	2/6-2/27	TBA	$52/$70NR

Age 5-6

Saturday	9:30-10:25AM	1/9-1/30	TBA	$52/$70NR
Saturday	9:30-10:25AM	2/6-2/27	TBA	$52/$70NR
Saturday	10:30-11:25AM	1/9-1/30	TBA	$52/$70NR
Saturday	10:30-10:25AM	2/6-2/27	TBA	$52/$70NR

Spring Volleyball Clinics

Beginner/Intermediate clinics provide an overview of basic skills including forearm passing, setting, and overhand serving. Advanced players capable of overhand serving consistently and controlled forearm passing will concentrate on setting and hitting. MAVS Volleyball Club coaches will instruct.

Grade 2-8

Sunday	3:45-5:15PM	3/7	RC	$25/$34NR

Spring Break Volleyball Camp

MAVS Volleyball Club coaches will instruct this camp. Serving, passing, setting, hitting and agility basics are covered.

Grade 2-4

Monday-Wednesday	9:00-11:00AM	3/15-3/17	RC	$65/$87NR
Monday-Wednesday	12:00-2:00PM	3/15-3/17	RC	$65/$87NR

Grade 5-8

Monday-Wednesday	9:00-11:00AM	3/15-3/17	RC	$65/$87NR
Monday-Wednesday	12:00-2:00PM	3/15-3/17	RC	$65/$87NR

Fencing: Lessons

Includes three, thirty-minute private lessons and one (hour long) class. Designed for those with little to no experience or those interested in returning to the sport of fencing. After completing your three lessons, choose one Fundamental class to try out your new skills. NOTE: Once you register, please email kcfencinginfo@gmail.com to set up your package. *Offered in partnership with Kansas City Fencing Center.* (Multiple lesson and class times available daily)

Age 8-14

Session 1	Jan–Feb	KCFC	$90/$120NR
Session 2	March – April	KCFC	$90/$120NR

Let Me Run- Blue Valley Rec Team

This character-building program combines exercise with fun activities and lessons. Trained coaches teach boys how to express themselves, reach personal goals, and improve their overall wellness. The boys celebrate their hard work by finishing the season with a 5K road race scheduled for May. Registration deadline is March 29 or until registration is full, whichever comes first. (Fields 3-4 shelters)

Boys grade 4-5

Tuesday, Thursday	4:15-5:30PM	3/9-4/29	SC	$157

****Register at https://kansascity.letmerun.org/teams***

Girls on the Run Blue Valley Rec Team

Grab your running shoes and water bottles and join the fun! This program educates and prepares girls for a lifetime of self-respect and healthy living. Learn life lessons through fun, interactive games using a well researched curriculum. Girls will run/walk in a non-competitive 5K event scheduled in May. Registration begins 2/1 and ends 4/3 (Fields 3-4 shelters)

Girls grade 3-5

Tuesday,Thursday	4:15-5:45PM	3/9-4/29	SC	$220

****Register at www.gotrkc.org***

ADULT SPORTS

Spring Slow-Pitch Softball

All leagues will allow one (1) homerun in addition to using the "1-up Rule." Teams split into divisions based on skill level, assuming registration numbers allow. Otherwise, all teams will compete within the same division. Registration opens 1/11 and ends 2/15. Cost is per team for this seven-week session. Games start: 6:30-9:30PM on weekdays; 6:00-9:00PM on Sundays.

Age 19 and up

Wednesday	Men's DH	3/3	SC	$650
Wednesday	Coed DH	3/3	SC	$650
Thursday	Men's DH	3/4	SC	$650
Thursday	Coed DH	3/4	SC	$650
Friday	Men's DH	3/5	SC	$650
Friday	Coed DH	3/5	SC	$650
Sunday	Men's DH	3/7	SC	$650
Sunday	Men's Single	3/7	SC	$325
Sunday	Coed DH	3/7	SC	$650
Sunday	Coed Single	3/7	SC	$325



Experienced Baseball Coaches Clinic

Former Major League Baseball Pitcher and Kansas City Royal Jamie Bluma will teach drills to improve fielding, hitting, pitching, and base running in an interactive setting. Bring a glove.

Age 18 and up

Saturday	9:30-11:00AM	3/27	SC	$15

Beginner Baseball/Softball Coaches Clinic

Former Major League Baseball Pitcher and Kansas City Royal Jamie Bluma will teach the game to beginners in an interactive setting. Learn techniques to teach the beginner player fielding, hitting, and base running. Learn practice drills designed for the beginner player. This clinic is designed for coaches with teams in grades PreK-2. Bring a glove.

Age 18 and up

Tuesday	6:00-7:30PM	4/13	SC	$15

Softball Coaches Clinic

Learn how to get the most out of your softball players. Rebels staff will teach drills to improve fielding, hitting, pitching, and base running.

Age 18 and up

Saturday	9:30-11:00AM	4/3	RSA	$10

Spring Volleyball Coaches Clinics

Participate in on-court drills and watch skill demos. Discuss practice planning for more productive practices.

Age 16 and up

Sunday	3:45-5:45PM	3/7	RC	$20/$27NR
Wednesday	7:00-8:30PM	3/10	RC	$15/$20NR

SPORTS

Adult Fencing Lessons – Starter Package

Includes three, thirty-minute private lessons and one (hour long) class. Designed for those with little to no experience or those interested in returning to the sport of fencing. After completing your three lessons, choose one Fundamental class to try out your new skills. NOTE: Once you register, please email kcfencinginfo@gmail.com to set up your package. *Offered in partnership with Kansas City Fencing Center.* (Multiple lesson and class times available daily)

Age 14 and up

Epee Lessons

Session 1	Jan - Feb	KCFC	$90/$120NR
Session 2	March - April	KCFC	$90/$120NR

Sabre Lessons

Session 1	Jan - Feb	KCFC	$90/$120NR
Session 2	March - April	KCFC	$90/$120NR

Adult Tennis Lessons

Haven't picked up a racquet in years, or new to the sport? Learn different strokes, rules, and scoring. Keenan Smith instructs and administers league. Bring a racquet.

Age 17 and up

Saturday	12:00-12:55PM	4/3-5/8	TBA	$103/$138NR

Adult Tennis League

Hit the courts in this league for experienced players. Includes 30 minutes of instruction and 45 minutes of coached play. Players should know basic strokes and scoring. Court time included and balls provided; bring a racquet.

Age 17 and up

Saturday	1:00-2:15PM	4/3-5/8	TBA	$130/$174NR

Girls on the Run Coaches

Coaching a team is one of the most rewarding ways to get involved. This 10-week program meets twice a week after school for 1 ½ hours to help girls learn to embrace who they are, make new friends, and train to run a 5K. Lead, assistant, and junior coaches needed.

Ages18 and up

Tuesday,Thursday	4:15-5:45PM	3/9-4/29	SC	FREE

***Register at www.gotrkc.org**

Let Me Run Volunteer Coach

Impact young boys' lives by providing the powerful gifts of undivided attention, care, and guidance. Fostering growth in character, personal strength, endurance, and goal setting. Running with them twice a week for seven weeks. Teaching and training them about important concepts, including integrity, friendship, self-expression, doing their best, not quitting, teamwork, and helping others. Helping them build self-esteem by completing a 5K at the end of the season. The commitment to coach is to attend virtual training.

Men and women Coaches

Tuesday, Thursday	4:15-5:30PM	3/9-4/29	SC	FREE

***Contact Michelle Martin at michellem@letmerun.org**



PICKLEBALL

Intro to Pickleball

Get started down the road of Pickleball fun! Learn the game rules, understanding court markings, keeping score plus a few basic playing techniques. After learning the basics, players can stay and play on any of the available Pickleball courts until the end of play time for that day. Malcolm Haney & Rhonda Meyer instruct.

Age 16 and up

Friday	9:15-10:45AM	1/8	RC	$15 per person
Friday	9:15-10:45AM	2/5	RC	$15 per person
Friday	9:15-10:45AM	3/5	RC	$15 per person
Friday	9:15-10:45AM	4/2	RC	$15 per person
Friday	9:15-10:45AM	5/7	RC	$15 per person

Pickleball Fundamentals

This class is designed to reinforce what you learned in Intro to Pickleball. Less instruction and a lot more playing and guidance from our certified instructors. It is a great way to get your game up to speed and start competing! Pre-requisite of Intro to Pickleball recommended.

Age 16 and up

Monday	4:00-5:00PM	1/11	RC	$15 per person
Monday	4:00-5:00PM	2/22	RC	$15 per person
Monday	4:00-5:00PM	3/8	RC	$15 per person
Monday	4:00-5:00PM	4/26	RC	$15 per person
Monday	4:00-5:00PM	5/24	RC	$15 per person

Pickleball 101 Weekly Clinic Beginners

Designed for beginners, Pickleball 101 is a weekly class that will provide you with the basic skills and knowledge to move forward with confidence in this sport! This is a great opportunity for those who have never played pickleball before and are interested in a lifetime game! Then, continue your pickleball journey with Pickleball 102! Each lesson is 90 minutes long and enrollment includes all weeks. Tim Hermsen and Rhonda Meyer instruct.

Age 16 and up

Wednesday	12:30-2:00PM	1/6-1/27	RC	$60 per person
Wednesday	10:00-11:30AM	2/3-2/17	RC	$45 per person
Tuesday	5:30-7:00PM	4/6-4/20	RC	$45 per person
Wednesday	10:30-12:00PM	5/12-5/26	RC	$45 per person

Open Play Gateway

Intimidated by open play? Join other players who are starting their pickleball journey, get in game scenarios without the wait-time, and eliminate the intimidation of "open play." This reserved time allows beginners and intermediate players to have continuous games AND coaching instruction regarding scoring, rules, court positioning and strategies. Rhonda Meyer instructs.

Age 16 and up

Beginner

Friday	9:15-10:45AM	1/22	RC	$15 per person
Friday	9:15-10:45AM	3/26	RC	$15 per person
Friday	9:15-10:45AM	5/28	RC	$15 per person

Intermediate

Friday	9:15-10:45AM	2/26	RC	$15 per person
Friday	9:15-10:45AM	4/23	RC	$15 per person

Instructional Pickleball Leagues

Join us for weekly league play! Each lesson begins with 30 minutes of skill specific drills followed by an hour of instructional play. Instruction by Coach Carter. Enrollment is for the full session. Bring your own paddle or use the provided paddles at the Rec Center. Pickleballs provided. (No class 2/19, 3/16, 3/23)

Age 15 and up

Advanced Beginner

Friday	3:30-5:00PM	1/8-1/29	RC	$60 per person
Friday	3:30-5:00PM	2/5-2/26	RC	$45 per person
Tuesday	5:00-6:30PM	3/2-3/30	RC	$45 per person
Friday	11:30-1:00PM	4/2-4/23	RC	$60 per person
Friday	11:30-1:00PM	5/7-5/28	RC	$60 per person

Intermediate

Tuesday	3:30-5:00PM	1/5-1/26	RC	$60 per person
Tuesday	3:30-5:00PM	2/2-2/23	RC	$60 per person
Tuesday	3:30-5:00PM	3/2-3/30	RC	$45 per person
Friday	1:00-2:30PM	4/2-4/23	RC	$60 per person
Friday	1:00-2:30PM	5/7-5/28	RC	$60 per person

Advanced

Tuesday	6:30-8:00PM	1/5-1/26	RC	$60 per person
Tuesday	6:30-8:00PM	2/2-2/23	RC	$60 per person
Tuesday	6:30-8:00PM	3/2-3/30	RC	$45 per person
Friday	2:30-4:00PM	4/2-4/23	RC	$60 per person
Friday	2:30-4:00PM	5/7-5/28	RC	$60 per person

Youth (Age 8-14)

Tuesday	5:00-6:30PM	1/5-1/26	RC	$60 per person
Tuesday	5:00-6:30PM	2/2-2/23	RC	$60 per person
Friday	4:00-5:30PM	4/2-4/23	RC	$60 per person
Friday	4:00-5:30PM	5/7-5/28	RC	$60 per person

PICKLEBALL (cont.)

3 & a Pro Pickleball Lessons

Want the personalized feedback of a private lesson but love the dynamic energy of group play? This unique format caps registration at exactly three players per court, with the fourth spot filled by one of our elite certified Pickleball Professionals. You get the best of both worlds: individualized coaching tailored to your specific technique, and a built-in, high-level fourth player to run authentic, fast-paced game scenarios. The biggest perk? You don't need to bring a group, sign up as a solo player.

Age 16 and up

Tuesday	12:30-1:30PM	1/12 Rhonda	RC	$25 per person
Monday	4:00-5:00PM	1/25 Carter	RC	$25 per person
Monday	4:00-5:00PM	2/1 Carter	RC	$25 per person
Tuesday	12:30-1:30PM	2/9 Rhonda	RC	$25 per person
Monday	4:00-5:00PM	3/5 Carter	RC	$25 per person
Tuesday	12:30-1:30PM	3/23 Rhonda	RC	$25 per person
Monday	4:00-5:00PM	4/5 Carter	RC	$25 per person
Tuesday	12:30-1:30PM	4/13 Rhonda	RC	$25 per person
Monday	4:00-5:00PM	5/3 Carter	RC	$25 per person
Tuesday	12:30-1:30PM	5/18 Rhonda	RC	$25 per person

Pickleball Private Lessons

Join one of our pickleball coaches Carter Tubbesing, Dave Laughlin, Tim Hermsen, or Rhonda Meyer in a Private Pickleball Lesson. Instructors are by appointment only and each lesson is 60 minutes long. Registration and appointment times are available for booking on our registration website. With questions about private lessons, call 913-685-6090.

Age 16 and up

Individual 1 on 1 Lesson	RC	$55 per lesson
Group of 2 Lesson	RC	$70 per lesson
Group of 3 Lesson	RC	$75 per lesson
Group of 4 Lesson	RC	$80 per lesson

Winter Rally 50+ Pickleball Tournament

Beat the winter blues and show off your competitive spirit with a fun-filled day of pickleball co-sponsored with Johnson County Park and Recreation District (JCPRD). Divisions available for gender and mixed doubles. All players must be 50 years of age by 12/31/2027. Space is limited and tournament is expected to fill quickly.

Age 50 and up

Friday	8:00AM-5:00PM	2/19	RC

**** Visit https://www.jcprd.com/Pickleball to register.***

Drop-in Pickleball

Games are organized based upon arrival of players. Bring your own paddle and balls. Rec Center membership required.

Pickleball courtesy: When all courts are full of people waiting to play, court time is limited to 15 minutes. Court players must rotate out and wait their turn for another available court.

Check the Open Court schedule for available dates/ times.







Rec Center @ Hilltop Memberships

7720 W. 143rd St. | 913-685-6090

Memberships are valid at the Rec Center ONLY and include access to the fitness floor, indoor walk/run track, fitness classes, and all Open Court times. Memberships are not active at our Activity Center or Sports Complex and do not include access to the aquatics or gymnastic areas.

We accept Silver Sneakers, Renew Active, and peerfit at our Rec Center @ Hilltop. Stop by the front desk and ask how you can get signed up.

SilverSneakers®

FITON HEALTH

Active&Fit DIRECT™

Silver&Fit®

Renew Active™



Become a Member at the Rec Center

Discover new ways to have fun and enrich your every day by becoming a member at the Rec Center!



